



# The Learning Times

Publication of Learning in Retirement, Inc.

July - December 2014 NEWSLETTER

## Summer Membership Meeting and Luncheon

Wednesday, July 16, 2014

11:15 a.m. check-in and exhibits

Lunch at noon

Pre-registration required by July 8, 2014

Entertainment: Pitch Pipes

St. Martins Knights of Columbus Building

Highway 50W – Route T

573-681-6152 for more information concerning this luncheon meeting.

Final date for the luncheon meeting registration is July 8th. Hope to see you there!

### President's Remarks



By Dr. David Linsenbardt

Hello LIR members:

What a great year we are having. Membership continues to increase and we are now at 366 members. As usual, we will gain several more members at the summer membership meeting. We welcome them.

Because of membership increase, the curriculum and travel committees have worked diligently to offer additional trips and additional classes. All this requires significant effort and people continue to be needed for the curriculum and travel committees. So if you have energy and expertise in either of these areas, please volunteer.

Some problems have been encountered. It was necessary to purchase a new computer, as our old one was no longer functional. We had considerable difficulty transferring data from the old computer to the new one, but it was finally accomplished.

Our office manager resigned for a better position and it was necessary to hire a replacement. (Hopefully this will be done by the time you get this newsletter.)

Please plan to attend our summer membership meeting in July. We will be electing three new board members and you will enjoy a wonderful meal. Our membership committee makes all of these arrangements for us.

As we continue with our programs for the remainder of the year, let's all get behind our board and make this great organization an even better one.

Dr. David Linsenbardt

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When hot summer days drive us inside, what better way than to find a "cool" venue where you can sit back, relax and listen to soothing music. Our Summer Membership Luncheon Meeting can make that happen! A local quartet, the *Pitch Pipes*, who have been entertaining audiences since 2007 will share with us a variety of music including barbershop, gospel and favorites from the past.

The Membership Meeting will be held on Wednesday, July 16, 2014 at the St. Martin's Knights of Columbus Hall on Route T. Registration will begin at 11:15 with a catered luncheon to follow at noon. Pre-registration (form enclosed) is required for this event along with the prepaid lunch cost of \$10.00 for members and \$15.00 for non-members.

After lunch and our entertainment, President David Linsenbardt will conduct a short business meeting followed by descriptions of upcoming trips, courses and clubs. Special guests will be the ROTC and LIR/LU student scholarship winners and presenters of LIR courses during the past year.

Displays and sign-up on upcoming trips, courses and clubs will be available before and after the luncheon meeting. Door prizes for free courses will also be given away at the conclusion of the meeting.

Invite a friend and register them with you on the registration form found in this newsletter or call

### New Members May Join at Mid-Year!

New members that join LIR after June 30, pay a membership fee of \$25.00 for the remainder of the calendar year. Mid-year membership applies to a person who has never belonged to LIR or has not been a member for at least 12 months. A membership application form is enclosed in this mailing.

## **ELECTION TO BOARD OF DIRECTORS**

The LIR Nominating Committee is submitting the following slate to be approved at the July 16<sup>th</sup> Membership Meeting for the Learning in Retirement, Inc. Board of Directors for three (3) year terms beginning January 2015.

David Linsenbardt (2<sup>nd</sup> 3-year term)

Robert Maxwell (1<sup>st</sup> 3-year term)

Tom Quinn (1<sup>st</sup> 3-year term)

Becky Washburn (1<sup>st</sup> 3-year term)

### **OFFICERS FOR 2015**

#### **APPROVED BY BOARD OF DIRECTORS**

President – Judy Alexiou

Vice-President – Kathel Cooper

Treasurer – Sue Alberti

Secretary – Ellen Richardson

## **SUGGESTED BY-LAW CHANGE**

The policy committee, in reviewing the section of the By-Laws that deals with nominations for Board Officers, noted that current wording in Article V needed to be changed. The reason being that if the President appoints a former Board member to serve as an officer for one year and that member has voting privileges, it would increase the Board of Directors from 13 members to 14. This would be in violation of the By-Laws. After much discussion, the following change to the By-Laws is being proposed and will be voted on at the July General Membership meeting:

Current Statement:

In the event the nominating committee is unable to secure a nominee from existing Board members for one or more of the executive offices, the president shall appoint a former Board member to the unfilled position. This one (1) year appointed position serves as a **voting** member.

Change last line to read: This one (1) year appointed position serves as a **non-voting** member.

Judy Alexiou, Chair of the By-Laws Committee

## **Farewells**

Kathy Pabst served as the LIR liaison to Lincoln University for many years. She was a wonderful support for our group and has become a dear friend to many members. Kathy accepted a position outside the university. She will be greatly missed. Kathy always went 'the extra mile' to make LIR the successful organization it has become. We wish her much success in her future endeavors.

Our office manager Diana Phelps has also accepted another position and has ended her work with LIR. We wish her well. Interviews for a new office manager are in progress.

## **Know B-4 U Go - Talk Time**

**July 9, 2014**

The Travel Committee is anxious to share information about our upcoming trips, additional trips have been scheduled with interesting and fun places to visit. Planners and escorts will review the itineraries, provide additional information and answer all your questions.

Why not bring a friend? The meeting is open to members and non-members.

Member registrations will be accepted for all LIR activities and non-members may join. We do encourage all to submit their travel requests prior to the July General Membership Meeting. Refreshments will be served so come, talk and socialize!

Words to the wise: Mail your registration forms as quickly as possible following newsletter delivery.

Date: 1:30 p.m., Wednesday, July 9, 2014

Place: Lincoln University South Campus, Lorenzo Green Hall  
900 Leslie Boulevard, Jefferson City, MO 65101



## TRIPS July - December 2014

### Walk in Mark Twain's Footsteps

September 3, 2014

Discover the roots of Mark Twain's genius "Tom Sawyer" style and see where he was inspired to write about his most famous characters by joining LIR on a trip to Hannibal.

Our tour of Hannibal begins at the **Mark Twain Cave**, where we will have the same exciting experience as Tom and Becky did while exploring this cave many years ago. An experienced guide will escort us on the 55 minute circular tour. Walkways are level and smooth, no stairs to navigate, and the tour is completely lighted.

Next we will drive to the limestone bluffs overlooking Hannibal and the Mississippi River, for a tour of the **Rockcliffe Mansion**. The 13,500 sq. ft. grand residence was built between 1898 and 1900 by John J. Cruikshank, Jr., a lumber baron. Rockcliffe Mansion is listed on the National Register of Historic Places.

Lunch will be served at the **Mark Twain Dinette**—Hannibal's hometown restaurant for 72 years. It is located next to Mark Twain's Home and Museum. We will have a trio of entrees from which to choose.

After lunch, we will visit the 6 buildings of the **Mark Twain Museum**. We will start off by watching a performance by at the Museum gallery by "Aunt Rachel" a former slave at the Museum gallery and then have time to tour other historical buildings and sites. There will be time to do some shopping in the many stores along Main St. Some may want to grab an ice cream cone for dessert!

Our tour will conclude with a ride on the **Mark Twain Riverboat**. This one-hour tour includes commentary of river history, legends and sights along the Mississippi River.

Bring your camera and wear sensible shoes. A light jacket or sweater is suggested as the cave is a constant **52 degrees** year-round.

Departure time: 7:00 a.m.                      Return: 8:00 p.m. (est.)

Escorts: Marge Kudrna                      635-0370

Vicki and Randy Ford                      635-0210

Cost:                      \$93.00

                                    \$50.00 due with registration

Final payment:                      \$43.00 due July 30, 2014

### Weavers of Legends and Cloth

September 17, 2014

Located only a few miles apart in Clay County, Missouri, the **James Farm** and **Watkins Woolen Mill** provide two different perspectives on nineteenth century America. While the legend of Jesse James overshadows the story of Waltus Watkins, these two sites allow us to assess their contributions to Missouri history.

We will visit the actual house where Jesse James was born. This was home to both Jesse and his brother Frank for more years of their lives than any other single place. Many of the stories which make up the legend of Jesse James occurred at this site. In the afternoon the home of Waltus Watkins will offer a view of the past which, while simultaneous to the James brothers, was a very different world.

The woolen mill is one of the best examples of a nineteenth century textile mill in the U.S. Its three floors still contain all the original machinery and the system of belts which ran them all from a single steam engine. The Watkins home will present us a very contrasting comparison to the James home which is just a few miles down the road.

This trip will offer many interesting points to consider in our view of Missouri's past.

A picnic lunch at the covered pavilion, Watkins Woolen Mill State Park, will surely add to the flavor of the day

Departure time: 7:00 a.m.                      Return: 7:30 p.m. (est.)

Escorts: Marge Kudrna                      635-0370

Dan Hermann                      629-7820

Rosemarie Turner                      635-3175

Cost:                      \$65.00

                                    \$40.00 due with registration

Final Payment:                      \$25.00 due August 13, 2014

### Indiana's Best

October 7-11, 2014

**Day I**— Pick your seat, sit back and enjoy the ride! It will take a full day to reach Indianapolis, hopefully arriving about 5:00 p.m. EDS time. After check-in at the Downtown Hampton Inn, you're on your own, doing what you like to do. For the shoppers, the **Circle Centre Mall** is very close and of course Indianapolis, noted for wonderful cuisines, allows for many choices for your evening meal. Along the way to Indy, we will have the usual stops every 2 to 2 ½ hours.





## TRIPS December 2014 and Travel (cont'd)

and includes unique architecture of Bernard Maybeck, a renowned architect of California. This promises to be an exciting day of history, architecture and scenic views.

Departure time: 7:00 am      Return: 7:30 p.m. (est.)

Escorts: Mary Kay Linsenbardt 636-3727

Marjorie Smith 893-3118

Cost: \$68.00

\$38.00 due with registration

Final payment: \$30.00 due September 15, 2014

### Kingdom of Callaway

November 5, 2014

As you cruise Highway 54 north to Fulton, do you ever wonder what might be inside those huge buildings that are part of the **Dollar General Distribution Center**? You now have an opportunity to look behind the walls of this state of the art, 1,126,000 square foot building where computerized routing is used to distribute orders to all Dollar General stores in the area.

Another long time landmark in Fulton, the **Missouri School for the Deaf** will also provide us with an interesting tour. Nearly 70 children in grades K-12 come from all over Missouri to attend this school. Following lunch at **Beks** in downtown Fulton, there will be time to explore the '**Brick District**'. This area includes the Kingdom of Callaway Museum, an Art Gallery and numerous unique shops.

The afternoon will be spent visiting the **National Churchill Museum** on the Westminster campus. Here you will find that through the imaginative and innovative use of technology, this museum brings to life the story of Winston Churchill and the world he knew.

Departure time: 7:30 a.m.      Return: 5:00 p.m. (est.)

Escorts: Mary Kay Linsenbardt 636-3727

Henry Dahl 635-2139

Cost: \$50.00

\$25.00 due with registration

Final payment: \$25.00 - due October 1, 2014

### Christmas in Branson

November 18, 19, 2014

**Don't MISS IT !!!!**—Branson makes everyone happy during November and December when they go "all-out" to bring the spirit of Christmas alive and welcoming at all their performances. We will attend two shows, **"it", Hughes Brothers**

**Christmas Show** and the **Daniel O'Donnell Show**, tour the **School of the Ozarks College Campus** and the **Ralph Foster Museum** also located on the campus.

Upon arrival in Branson a student guided tour of the **College of the Ozarks** is scheduled with stops at Edwards Mill, the bakery (wonderful fruit cakes are made here), chapel, and more if time permits. Following the tour we check-in our hotel on the Landing with time on your own till we board the coach for the **Hughes Brothers Theatre**. This performance features more than 50 amazing singers, dancers, and musicians; see **"it"** combine an astonishing scope of talents to create an ultimate entertainment experience with everything from Broadway and country, to comedy and gospel, to rock 'n roll to inspire patriotic numbers. Hear **"it"** do everything with incredible harmonies and passion. The energy and emotion along with lighting and sound let you feel **"it"** deliver everything you want in a Branson show! Prior to the show, a plated **Candle Light Dinner** prepared by a professional chef will be served.

**Note:** The **"it"** show was born out of clever artistry and inventiveness of the Hughes Brothers. **"it"** is a compilation of 30 years of show biz wrapped into a single incredible experience. The following morning a breakfast buffet will be served at our hotel before check-out. Once all are seated on the coach we return to the college campus to tour the **Ralph Foster Museum**. Lunch will be served on campus at the **Keeper Center** before boarding for the Moon River Theatre for the **Daniel O'Donnell Show**, one of the most beloved Irish singers in today's world. His charming and magnetic personality, as well as his remarkable voice and showmanship are sure to provide a spectacular performance. Danny takes the stage and shares some of his favorite and cherished Irish songs as well as music from a variety of different styles including gospel, country and even some rock 'n roll.

Departure time: 8:00 a.m.      Return: 9:00 p.m. (est.)

Escorts: Henry Dahl 635-2139

Rosemarie Turner 635-3175

Cost:                      Single - \$342.00      Double - \$283.00  
\$ 75.00 - due with registration

Final payment:      Single - \$267.00      Double - \$208.00  
due September 15, 2014

### **Word to the Wise: Trips and Course**

#### **Fill Up Quickly**

We encourage all to complete the Travel and Course Registration Forms as soon as possible following delivery of the newsletter, then mail or bring them to the LIR office.

**TRIPS December 2014 (cont'd)**

**Charles Dickens, "A Christmas Carol"**

December 17, 2014

**A Lyceum Premiere!** Enjoy this beloved holiday story, "A Christmas Carol", faithfully told with magical effects and bringing to life the familiar story of a seemingly heartless miser given one last chance at redemption by four visiting ghosts. On Christmas Eve Ebenezer Scrooge undergoes an incredible transformation as he is guided through the past, present and the possibilities of his future. A *Christmas Carol's* timeless and heartwarming message, dazzling scenery and costumes, and delightful holiday music will surely put you in the Christmas spirit.

Following the performance we will celebrate the season with dinner at a Columbia restaurant.

Departure Time: 12 noon      Return: 8:00 p.m. (est.)

Escorts: Rosemarie Turner 635-3175  
          Betty Doerhoff 619-2920

Cost : \$95.00  
      \$30.00 due with registration

Final payment: \$ 65.00 due November 1, 2014

**Shear Madness**

January 14, 2015

New Theatre, Overland Park, Kansas

"**Shear Madness**" is one of the most popular entertainments in the world, delighting audiences with its unique blend of madcap improvisation and spine-tickling mystery. This unique "comedy-whodunit" takes place in the "Shear Madness" hairstyling salon and is chock full of up-to-the-minute spontaneous humor. During the course of the action, a murder is committed and the audience gets to spot the clues, question the suspects, and solve the funniest mystery in the annals of crime. The outcome is never the same. "Shear Madness" is listed in the Guinness Book of World records as the longest running play in the history of the USA.

Before the performance we will be treated to a delicious buffet lunch. What a great opportunity to begin a new year with LIR friends, sharing good food and placing your mark on the solution of this "who-done-it" mystery.

Departure time: 7:30 a.m.      Return: 7:30 p.m.

Escorts: Rosemarie Turner 635-3175  
          Donna White 659-8495

Cost: \$ 73.00  
      \$ 40.00 due with registration

Final payment: \$ 33.00 due December 1, 2014

**COURSES August - September 2014**

**Comedic Journeys**

Come to the movies for some laughter during the hot, lazy summer days of August. Join us and laugh as some people during a journey find themselves in some really funny situations but manage to make it all work out. Hope to see you there!

Dates: Wednesdays, August 6, 13, 20, 27

Times: 1:00-3:00 pm.

Place: Missouri River Regional Library, 2<sup>nd</sup> floor

August 6: ***It Happened One Night*** is a 1934 romantic comedy film directed by Frank Capra, in which a pampered socialite (Claudette Colbert) tries to get out from under her father's thumb, and falls in love with a roguish reporter (Clark Gable). The film was the first to win all five major Academy Awards (Best Picture, Director, Actor, Actress, and Screenplay)

August 13: ***Road to Bali*** is a 1952 comedy starring Bing Crosby, Bob Hope, and Dorothy Lamour. Having to leave Melbourne in a hurry takes them to an idyllic island on the way to Bali where they vie with each other for the favours of Princess Lala. The film is the sixth of the seven *Road to ...* movies. It was the first to feature surprise cameo appearances from other well-known stars of the day.

August 20: ***Some Like It Hot*** is a 1959 comedy starring Marilyn Monroe, Tony Curtis and Jack Lemmon. The supporting cast includes George Raft, Pat O'Brien, Joe E. Brown, Joan Shawlee and Nehemiah Persoff. When two musicians witness a mob hit, they flee in an all female band disguised as women, but further complications set in. In 2000, the American Film Institute listed *Some Like It Hot* as the greatest American comedy film of all time.

August 27: ***Planes, Trains and Automobiles*** is a 1987 comedy starring Steve Martin as Neal Page, a high-strung executive, and John Candy as an eternally optimistic, talkative, and clumsy salesman. They share a three-day odyssey of misadventures trying to get Neal home to Chicago from New York City in time for Thanksgiving dinner with his family. This is Steve Martin and John Candy at their finest.

Coordinator: Karen Sanders, 635-0931



## **COURSES September 2014**

### **Heritage of Faith - Walking Tours of Downtown Places of Worship**

Tuesdays, September 2, 9, 16, 23 10 am. To Noon

Jefferson City has a rich and diverse cultural heritage that is reflected most definitively in its houses of worship. Join us for walking tours of nine of our historic places of worship. Learn about the architectural style, the history of these congregations, and the bit of their theological perspectives. Each tour will last about 50 minutes and will include some time for questions.

**September 2<sup>nd</sup> 10:00** - Grace Episcopal Church.  
217 Adams Street

**11:00** - First Christian Church  
327 E Capitol Avenue

**September 9<sup>th</sup> 10:00** - First Baptist Church  
301 East Capitol Ave

**11:00** - First United Methodist  
201 Monroe Street

**September 16<sup>th</sup> 10:00** - First Presbyterian Church  
324 Madison Street

**11:00** - Temple Beth-El  
318 Monroe Street

**September 23<sup>rd</sup> 10:00** - Central United Church of Christ  
118 West Ashley

**11:00** - St. Peters Catholic Church  
216 Broadway

We will meet at the church listed for the 10:00 hour first and then walk to the next location except for the last week. We will announce later how we will travel from Central Church to St. Peter's on that day. Also that day (September 23) after a lunch break (on your own) we will re-group at **1:00 at Trinity Lutheran Church** (803 Swifts Highway).

Instructor: A clergy member or informed lay member of each congregation.

Coordinators: Steve Buchholz 635-8774  
David Linsenbardt 636-3727

### **Cooking Intelligently**

Dates: Wednesdays, Sept. 10, 17, 24, October 1

Times: 10 a.m. to Noon

Place: Lincoln University South Campus, Suite B (Up the steps under the Portico)

September 10 - Fresh from the Garden. Seasonal produce is a healthy choice in cooking. Gardens are still active in September.

We will demonstrate a few recipes using fresh produce from the garden and available at the farmers market. Participants will help in preparation and sample recipes. Copies of recipes will be available to take home.

September 17 - Easy Cooking for One or Two. Cooking for one or two people can be just as fulfilling as cooking for families. Learn tips and simple recipes without giving up flavor and flair. We'll offer tips for shopping and nutrition. Participants will help in preparation and sample recipes. Copies of recipes will be available to take home.

September 24- Cooking with Herbs. Herbs are a great way to add flavor to our meals. Learn tips to add zip to your meals without adding salt. Be adventurous and try new flavors. We will create a salt-less herb mix for participants to take home. Hand-outs will include lists of herbs and their most popular uses.

October 1 - Vegetarian Cooking. Go meatless! Vegetarian recipes can improve your health and your budget. You don't have to become a vegetarian to enjoy a meatless meal once or twice a week and you won't have to skimp on the flavor. Participants will help in preparation and sample recipes. Copies of recipes will be available to take home.

Limit: 12

Presenters: Margaret Hopper and Nadia Navarrete-Tindall, Lincoln University Cooperative Extension, Sprouts and Roots Program

Coordinator: JoClare Meyer 636-5762

### **How the Physical World Works**

Dates: Thursdays, September 4, 11, 18, 25

Time: 1:00-3:30 p.m.

Place: Masonic Temple

September 4: The Building Blocks: Atoms and sub-atomic particles, quarks, the Higgs Boson, a little chemistry, organic molecules, building blocks of life, what holds atoms together, what holds molecules together. How do atom bombs and nuclear reactors work?

September 11: The Mysteries of Life: Genetics and DNA, what is the double helix? The origin of life, ancient life - dinosaurs, birds, mammals. how does reproduction occur, how does evolution occur, man's ancestors. Where did the dinosaurs go?(We now know).

## COURSES September—October 2014

### How the Physical World Works (cont'd)

September 18: The Science of the Earth: Geology, volcanoes, earthquakes, streams and glaciers. Missouri caves and sinkholes, continental drift, where the moon came from, ancient meteor impacts and possible future ones. The rocks and minerals of Missouri. Where did Hawaii come from? Learn about the effort to save Goodwin Sinkhole and its Civil War era cave.

September 25: From the Earth to the Big Bang: A look outward from the point of view of our earth. Planets, stars, constellations, star clusters, the milky way, galaxies, quasars and black holes. The structure of the universe, dark matter and dark energy, latest news.

There will be a specific time allowed for questions, on any subject relating to science. Attendees are invited to bring in an idea that has always puzzled them and see if they can “stump the prof”. Chuck says “You probably can.”

Presenter: Chuck Lahmeyer, LIR Member, retired engineer

Coordinator: Donna White, 659-8495

### The United States Constitution

The Convention, The Text, and The Amendments

Dates: Fridays, September 5, 12, 19, 26

Time: 1:30 to 3:30 pm

Location: Rooms 204-205, Soldiers' Hall, Lincoln University

As references to the Constitution and the constitutionality of laws increase in political discussions this is an important time to study our national Constitution. Led by an LU professor of political science and an MU law professor, this course provides the background for an understanding of the document itself, something seemingly lacking in today's political debates.

September 5: The Articles of Confederation and Constitutional Convention (Amy Gossett)

September 12: The Constitution (Doug Abrams)

September 19: The Constitution Cont'd. (Doug Abrams)

September 26: The Amendments (Amy Gossett)

Presenters: Amy Gossett, Associate Professor of Political Science at Lincoln University

Doug Abrams, Professor of Law at the University of Missouri

Coordinators: Warren Solomon 893-4407  
Dan Hermann 291-7820

### Vitamin “N”

Dates: Tuesdays, October 7, 14, 21, 28

Time: 1-3 pm

Place: Runge Conservation Nature Center

Nature is essential to your health. Evidence shows that nature provides physical, psychological, spiritual, and societal benefits. Strong connections with nature can lead to healthy eating, *healing*, *less pain*, and increased life expectancy. Nature restores your *focus*, reduces stress and mental fatigue, and increases feelings of empowerment. It sparks *creativity*, encourages reflection, and quiets the mind. Nature also *strengthens community bonds*, *preserves biodiversity*, and cuts crime. Some short hikes will be included.

October 7 (Focus) In order to get the most vitamin “N”, we need to learn or sharpen our observation skills in nature. This first workshop will *focus* on honing those skills using a variety of naturalist tools, (looking, listening, journaling).

October 14 (Healthy) Being outside is healthy in and of itself. We will explore more areas at Runge by walking trails and discovering unique aspects of some of Missouri's natural communities. These activities and discoveries will be heart healthy as well as mind stimulating

October 21 (Creative) We will discover the art that is in nature each and every time we are outside observing and exploring. Time will be spent in this session creating unique works of art inspired by nature.

October 28 (Community) Our final session will delve into our natural communities and perhaps give us insight into our own communities.

Limit: 25

**Presenters:** Kathy Cavender, Nature Center Manager and Robin Grumm, Assistant Nature Center Manager

**Coordinator:** Betty Mudd: 634-2212, cell 659-2963

### The Middle East: Palestine and Israel in Perspective

Dates: Wednesdays, October 8, 15, 22, 29

Time: 1:30-3:30 pm

Location: Masonic Lodge

A geographical and historical perspective of the Middle East with

## **COURSES October-November 2014**

an emphasis on the struggle between Palestinians and Israelis. The course begins with an examination of the region known as the Middle East from the Roman Era through the fall of the Ottoman Empire after WW I. It continues with a more in depth study of the emergence of Israel and Palestine from the 1920s through the 1940s. An overview of the Arab-Israeli wars of the late twentieth century follows. The course concludes with a survey of events since the last full scale war between Israel and the Arab states.

October 8: THE MIDDLE EAST: HISTORICAL GEOGRAPHY

October 15: PALESTINE/ISRAEL

October 22: WARS: 1948-1973

October 29: 1979-PRESENT: AGE OF INTIFADAS

Presenter: Dan Hermann, LIR member and retired Jefferson City High School teacher

Coordinators: Bill and Verna Luebbert: 635-8060

### **Crafting Can Be Fun!**

Dates: Thursdays, October 9, 16, 23, 30

Times: 1:00-3:00 p.m.

Location: Room 8, Soldiers Hall, Lincoln University

Be able to say "I made this!" and have some fun while doing it. Join us for four craft classes as we sew a wall hanging, knit a multicolored/ruffled scarf, string a beaded necklace and earrings and make greeting cards. Never crafted before? You *can* do this! Tina and Rita will be available to help with each of the projects.

The cost of all materials will be absorbed by the class fee of \$18.00 EXCEPT that each participant will need to buy yarn for the scarf which will run about \$6. Additionally, each participant may be asked to bring a few extra supplies, such as scissors. A supply list will be sent to each participant by September 8 and will include details on the yarn needed for the scarf.

Limit: 15 people

**Craft Master:** Tina Sellner

**Coordinator:** Rita Grace, 634-5358

### **Orchestral Masterworks with the San Francisco Symphony**

Dates: Fridays, October 10, 17, 24, and 31

Times: 9:30-11:30 a.m.

Place: Missouri River Regional Library, Second Floor

The course aims to advance our appreciation of classical music using an amazing set of videos developed by Michael Tilson Thomas, Director of the San Francisco Symphony. Each class session will be divided into two parts: Part I to explore the story and significance of an orchestral masterpiece; Part II, to show the San Francisco Symphony performing the work.

Thomas uses the medium of film to take us to different places of the world to tell the story of the music. We will also be taken inside the orchestra as it performs, to allow us to see the musicians up close as they play under the direction of their inspiring director. The pieces to be explored are Beethoven's Eroica Symphony, Berlioz's Symphonie Fantastique, Shostakovich's Fifth Symphony, and Stravinsky's Rite of Spring. These are dramatic orchestral works, as are the stories behind them. We are most appreciative of the fact that the San Francisco Symphony Orchestra has granted us permission to use these videos for our educational purposes.

Instructor: Warren Solomon: Violist, Jefferson City Symphony Orchestra; Retired teacher and LIR Member

Coordinator: Joan Solomon: 893-4407, [jmsolomon@mchsi.com](mailto:jmsolomon@mchsi.com)

### **Holiday Activities and Safety Tips for Seniors**

Date: Thursday, November 6,

Time: 1:30-3:30 p.m.

Location: Room 204-205, ROTC Building, Lincoln University

Timely tips and activities for the coming holiday season just in time for gift giving and shopping. A Hawthorn Bank representative will explore holiday banking, scams, electronic banking, etc.. Lindsey Koelling, Hy-Vee dietician, will share holiday food safety tips and give suggestions for easy, safe and tasty choices for buffets. Diane Gillespie from the Jefferson City Convention and Visitors Bureau will provide an overview of special local holiday events, some of which are truly unique to this area. Jefferson City Police Officer Kevin Kempker will give us valuable suggestions for remaining safe and secure during this busy season. The cost will fit into everyone's budget—its **free**—just come, be safe and have a great holiday season.

**Coordinator:** Kay Hare, 230-2146.

**This is a free course but you must register to ensure we have enough chairs.**

## COURSES November 2014

### Living as Neighbors with the Amish

Date: Thursday, November 13

Time: 1:30-3:30 p.m.

Location: Room 8, ROTC Building, Lincoln University

For more than 20 years Richard and Judy Sandler have lived in rural Missouri with their Amish Neighbors. They will share what they have learned of the Amish religion and lifestyle and also share some of their anecdotes on inter-actions with those neighbors. Come with questions and be prepared to discover and discuss a different life style. Participation in discussions will be a vital and interesting part of this class

Presenters: Richard and Judy Sandler

Coordinator: Carol Ellinger, 893-2331

**This is a free course but please register to ensure we have enough chairs.**

### How the News Is Covered at the Missouri State Capitol

Date: Wednesday, November 19, 2014

Times: 1:30-3:30 pm

Place: Missouri State Capitol Building, Meet Outside Room 118c at 1:30 .

Because the laws our legislators pass often have a profound impact upon our lives, as well as upon the lives of our family members and fellow citizens, we Missouri citizens need to understand what transpires in the process of making law in the General Assembly. Without the press, however, we would be unable to keep track of what our government officials are doing and would be in a poor position to help influence our government and vote responsibly when election times come.

Phill Brooks, dean of the Capitol Press Corps having covered the Statehouse since 1970, will discuss how the press covers the news in our Capitol. He serves as the Statehouse correspondent for KMOX Radio, as director of Missouri Digital News (<http://mdn.org/>), and as a faculty member at the MU School of Journalism.

Instructor: Phill Brooks

Coordinator: Warren Solomon: 893-4407, [whsolomon@mchsi.com](mailto:whsolomon@mchsi.com)

**This is a free course but you must register in order to insure we have enough seating.**

### STAY TUNED

### TOUR THE NEW ST. MARY'S

We are offering a one-time free tour of the new St. Mary's Health Center sometime in October. Due to the training schedule of the hospital staff who will be conducting the tours - it's too early for us to give a definite date. This is just an FYI regarding the opportunity that will be coming up before the general public open house which is scheduled for the first weekend in November.

Watch for our email (we are going digital) regarding this "pre-public" tour of the new hospital. If we do not have your email address, please give it to us. If you have no email address, check with the LIR office or with your LIR friends in early September to get the date.

### Communicate – Electronically

The Board wants to assure all members that they will have access to timely and complete LIR information. The use of electronic mail (email) is a quick way to transmit this information. For our members' security, LIR policies prohibit sharing email addresses outside of our organization. Within our organization, email addresses are not shared (via blind copy) unless committee or club members are aware of these mailings. It is important to notify the LIR Office of your current email address or any changes.

One of the goals of the LIR Website is to keep members current with timely announcements of events, trips, courses, clubs and other pertinent information that relates to our organization. The *Learning Times* will continue on a semi-annual basis to cover information in a print format. In this issue, you will note that chairmen of the committees have tried to list ALL trips, courses and clubs that are now available as we go to print. Note that several "FREE" courses are now listed in this issue. The *Active Times* (News Tribune) monthly issue has also been covering many of our activities and always has contact information. If you do not own a computer and/or are not able to visit the public library computer area to access the websites, we ask that you find an LIR friend who will share the information with you.

## Miscellaneous and Clubs

### *Miscellaneous Course Information*

- Courses are offered four times a year. There are two sessions in the spring and two sessions in the fall.
- Registration forms are provided in the LIR newsletter or on the LIR web site. There is a \$12.00 fee for each course unless otherwise noted. **Registration will be accepted at the General Membership Meeting to be held on July 16, 2014.** (see front page)
- Location of courses varies depending on topic and size of class. If a course is located on the Lincoln University Campus, a parking tag is required. Parking permits may be acquired through the LIR Office located in Soldiers Hall or call 681-6152 to request the form. Courses begin on page 6.
- Special one-time classes may be scheduled at no cost and members will be notified mainly by email.

### *Clubs*



#### **Bocce Ball:** Monday, Sept-Dec. and April – June

Two Sessions: I: 9 a.m. II : 12:15 p.m.

*Facilitator:* Linda Schwartz 573-635-5392

Location: Prison Brews

#### **Book Club:** 4<sup>th</sup> Monday 1-2 p.m.

*Facilitator:* Arlene Stayton 660-433-2415

Location: LIR Classroom 8

*Callers:* Teresa Sullivan 573-635-6404

Arlene Stayton 660-433-2415

#### **Bridge Club I:** 2<sup>nd</sup> Monday 1 p.m.

*Facilitator:* Keith Krueger - 462-0779/659-3834

Location: LIR Classroom 8

#### **Bridge Club II:** 1<sup>st</sup> Monday 1 p.m.

*Facilitator:* Mary Ann Ruth 573-659-7875

Location: LIR Classroom 8

#### **Creative Writers:** 2<sup>nd</sup> Thursday 10 a.m.

*Facilitators:* Richard Sandler 573-759-7475

June Glaser 573-635-4254

Location: LIR Classroom 8

*Caller:* Marilyn Plassmeyer 573-893-2309

#### **Dominoes I:** 1<sup>st</sup> and 3<sup>rd</sup> Monday 10 a.m.-noon

**II:** 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 1 p.m.-3p.m.

*Facilitator:* Sue Alberti 573-635-2436

Location: LIR Classroom 8

#### **Pinochle:** 4<sup>th</sup> Wednesday 10 a.m.

*Facilitator:* Cathie Middleton 761-1425

Location: LIR Classroom 8

#### **Scrabble:** 3<sup>rd</sup> Monday 1 p.m.

*Facilitator:* Marigene Brewer 636-8183

Location: LIR Classroom 8

*Callers:* Marilyn Miller 573-636-8233

Marilyn Plassmeyer 573-893-2309

#### **Walking/Hiking:** Thursdays 8:30 a.m. (summer); 9:30 a.m. (winter)

*Facilitators:* John and Ellen Richardson 573-893-4909

Location: Varies

#### **Genealogy:** 3<sup>rd</sup> Wednesday, 1-3 p.m.

*Facilitator:* Carolyn Bening 573-634-3154

Location: Budweiser Building, St. Mary's Blvd.

You are invited to join, at no extra cost, any of our LIR clubs by calling Marigene Brewer, LIR Club Coordinator at 636-8183 or the club facilitator. Information/interest in additional clubs; i.e., crafts, investments, music, travel, may be directed to Marigene. **You may also sign up for a club at the membership meeting.**

### DECEMBER HOLIDAY SOCIAL

All members are welcome.

Admission cost is your LIR nametag.

December 7, 2014

2:00 - 4:00 p.m.

Lincoln University South Campus

Lorenzo Greene Hall

900 Leslie Blvd.

Mark your calendars now for our December social event! Reminder invitations requesting an RSVP will be mailed/emailed to members prior to the event. Light refreshments and drinks will be provided. Plan to enjoy this holiday with LIR friends!



**Learning in Retirement, Inc.**  
**P.O. Box 105166**  
**Jefferson City, MO 65110**  
*Address Correction Requested*

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**LEARNING IN RETIREMENT, INC.**  
***MEMBERSHIP BENEFITS***

**EDUCATION**.....*Short courses planned for LIR members' interests*

**TRAVEL**.....*Educational trips with old and new friends*

**CLUBS**.....*Book, Bridge, Writing, Hiking/Walking; others*

**GATHERINGS**.....*Business/social meeting twice annually*

**COMMUNICATION**.....*Semi-annual newsletter, web site, periodic e-mails*

**LIBRARY ACCESS**.....*Access to library cards for L. U.'s Page Library and  
Missouri State Library*

**PARKING**.....*Tag for L.U. campus provided*

**CONTACT INFO**.....*(573)681-6152; [lir@lincolnu.edu](mailto:lir@lincolnu.edu)*

*Web site - (<http://www.lincolnu.edu/web/learning-in-retirement/learning-in-retirement>)*

*Office hours: Hours – 10 a.m. - 1 p.m., Mon. - Thurs.*

**OFFICE LOCATION**.....*903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus*

**MAILING ADDRESS**.....*Learning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110*

***Mark your calendars for the Winter Membership Meeting to be held on January 21,  
2015 at the St. Martins Knights of Columbus Hall. (Snow date January 28, 2015).***