Aging Artistically

17th Annual Missouri Institute on Minority Aging

Tuesday, August 26 - Thursday, August 28, 2014

Holiday Inn Executive Center
2200 I-70 Drive SW
Columbia, Missouri 65203

Sponsored by:
Lincoln University Cooperative Extension,
The Paula J. Carter Center on Minority Health and Aging

Bronze sculpture “Sun” by S.T. Buonaiuto
The Paula J. Carter Center on Minority Health and Aging (PJCCMHA) was established in 1997. The PJCCMHA is a multi-ethnic community outreach, education and public policy center administered by Lincoln University Cooperative Extension (LUCE). The primary purpose of the center is to improve the quality of life for Missouri’s aging minority population by reducing disparities and inequities in access to health-related care, literacy and behavior.

Our Mission is to provide leadership in addressing the health, social and psychological needs of Missouri’s 50 and older minorities and the underserved population. This is accomplished through education, research-based information, policy analysis and the use of technology as strategic tools.
### Tuesday, August 26th Afternoon Activities

<table>
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<tr>
<th>Date</th>
<th>Time</th>
<th>Room</th>
<th>Activity / Presentation</th>
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<tbody>
<tr>
<td>Tues. 8/26</td>
<td>3 p.m. - 4:30 p.m.</td>
<td>Near Picadilly Room</td>
<td>Travel from home to Columbia, Missouri Registration/Hotel Check-in</td>
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<tr>
<td>Tues. 8/26</td>
<td>5:30 p.m. - 7:40 p.m.</td>
<td>Windsor 3 &amp; 4</td>
<td>Dinner</td>
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<td><strong>Moderator:</strong> Mable J. Grimes, PhD, Retired, University of Missouri, Columbia, Missouri</td>
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<td><strong>Greetings:</strong> Dr. Said Sewell, Provost and Vice-President for Academic Affairs, Lincoln University of Missouri; Jefferson City, Missouri</td>
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<td><strong>Presentation:</strong> <em>Theory of Multiple Intelligences: A Framework for Exploring Aging Artistically</em> by Adrian C. Hendricks II, Regional Educator, Lincoln University Cooperative Extension; Jefferson City, Missouri</td>
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<td></td>
<td><em>Aging Artistically</em> <em>(10 minute presentations)</em></td>
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<td>Central Missouri: Jewelry by Bonnie Childs</td>
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<td>St. Louis: Solo by Dora Williams</td>
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<td>Southeast Missouri <em>(Caruthersville Outreach Center)</em>: “Treasures from the MotherLand” presented by Gloria Amantine, Viola Coleman, Theola Mooney, Eveleana Overton, Burn Ann Thompson, and Earlean Walker</td>
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### Tuesday, August 26th Evening Concurrent Mini Sessions *(Attendance is Optional)*

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Parliament</th>
<th>Activity / Presentation</th>
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<tbody>
<tr>
<td>Tues. 8/26</td>
<td>8 p.m. - 9 p.m.</td>
<td>Parliament I</td>
<td>Aging Artistically/Painting Communication Therapy</td>
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<td>George R. DeMyers, Sr., Artist/Retired Educator, Charleston, Missouri</td>
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<td>This presentation will show how visual arts can provide an outlet for those with health and aging issues. Painting will be featured as a therapeutic source of aging, and you will be able to participate in a hands-on creative activity using watercolor painting techniques.</td>
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<td>Parliament II</td>
<td>Quilt Making/Underground Railroad Quilt Codes and Patterns</td>
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<td>Ida Fulton, Doris Harris, Carolyn Hollowell and Priscilla McClellon, Southeast Missouri Lay Leaders (Sikeston Outreach Center), Missouri</td>
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<td>This presentation will provide information on the use of secret codes and pattern designs used by slaves to navigate the Underground Railroad. You will also learn how to get started making quilts.</td>
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<td>Parliament III</td>
<td>Homes That Heal</td>
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<td>Lera McDermott, Master Housekeeper, Housekeeping Specialists, Columbia, Missouri</td>
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<td>During this presentation, you will hear successful strategies in organizing your home. By applying basic Feng Shui principles, you will discover how to transform your home into a haven. Also, you will find out how your home holds solutions to change the life areas you want to improve upon.</td>
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## WEDNESDAY, AUGUST 27TH MORNING ACTIVITIES

<table>
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<tr>
<th>Time</th>
<th>Room</th>
<th>Activity / Presentation</th>
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<tr>
<td>7:30 a.m. -</td>
<td>Windsor 3 &amp; 4</td>
<td>Breakfast</td>
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<tr>
<td>8:30 a.m.</td>
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<td><strong>Moderator</strong></td>
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<td>8 a.m. -</td>
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<td><strong>Yvonne Matthews</strong>, Interim Dean, College of Agricultural and Natural Sciences;</td>
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<tr>
<td>8:50 a.m.</td>
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<td>Interim Associate Administrator, Lincoln University Cooperative Extension; Coordinator,</td>
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<td>Paula J. Carter Center on Minority Health and Aging, Jefferson City, Missouri</td>
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<td><strong>Opening Remarks</strong></td>
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<td><strong>Kevin D. Rome</strong>, PhD, President, <em>Lincoln University, Jefferson City, Missouri</em></td>
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<td><strong>Greetings</strong></td>
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<td><strong>Jason Kander</strong>, Secretary of State, State of Missouri</td>
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<td><strong>Keynote</strong></td>
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<td><em>I Really Can Be Artistic</em> by Robert Evans, Director, Dance Ministry Institute, New</td>
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<td>Rochelle, New York</td>
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Technology Sessions A and B, *Life Skills via Technology*, will focus on cyber safety and cell phone applications. Each session is designed to educate and increase the knowledge and/or hands-on skill set of senior citizens to incorporate and apply technology within their current and future everyday lives. Both sessions are taught by Lincoln University Cooperative Extension personnel.

### Two Concurrent Sessions

**Parliament I**

Technology Session A  
*Life Skills via Technology*

- **Hamisi Allute**, Technical Support Specialist, Jefferson City, Missouri  
- **Shauneille Conner**, Community Outreach Worker, St. Louis, Missouri  
- **Andrew Erb**, Video Conference Technician, Jefferson City, Missouri  
- **Thayer Weaver**, Volunteer, St. Louis, Missouri

**Parliament II**

Technology Session B  
*Life Skills via Technology*

- **Byron Ashford**, Community Outreach Worker, Kansas City, Missouri  
- **Marla Moore**, Regional Educator, St. Louis, Missouri  
- **Greg Pierson**, Research Engineer, Jefferson City, Missouri  
- **Tyrone Sykes**, Secretary II, Kansas City, Missouri

10:15 a.m. – 10:30 a.m.  
**Nutritional Break**

**The Cyber Café will be open to all MIMA participants from 11 a.m.- 5 p.m. today.**
### Wednesday, August 27th Morning (continued)

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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</table>
| 10:30 a.m. – 11:15 a.m. | **Parliament I**

**You Are Never Too Old to Express Your Creativity**

*Robert Evans*, Director, Dance Ministry Institute, New Rochelle, New York

We all express ourselves artistically—in a variety of ways. Some in the way they walk, talk, dress, cook and write. This workshop will allow participants to identify areas in their lives where they currently demonstrate artistic abilities, as well as areas where they would like to improve artistically. This workshop will involve some basic movement.

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<tr>
<th>Time</th>
<th>Activity</th>
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</table>
| 11:25 a.m. – 12:10 p.m. | **Parliament II**

**Medications for Seniors: The Artistic Approach to Safe Medication Use**

*Steve Calloway*, Clinical Staff Pharmacist, University of Missouri Health Care, Columbia, Missouri

There is a science involved in prescribing medications, but there is also some art involved because every person is an individual. Taking medication is always a balance between the benefits and risks, and this is especially true for seniors. Medications can make us feel better and prevent illness, but they must be used safely.

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<th>Time</th>
<th>Activity</th>
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</table>
| 11:25 a.m. – 12:10 p.m. | **Parliament III**

**iPods, Paintbrushes and Alzheimer’s Diseases**

*Joetta Coen*, Director, Alzheimer’s Association Greater Missouri Chapter, Columbia, Missouri

This session will focus on the importance of art therapy as a powerful tool for treating Alzheimer’s disease. More than providing something pretty to look at or an exercise to keep hands busy, art therapy stimulates the brain. It stirs memories and can bring language back into the life of someone struggling to speak. Engagement in the arts—music, painting, sculpture, art appreciation or performing arts—may reopen doors assumed closed forever.

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**Don’t forget to visit the Cyber Café to practice your new technological skills. Be sure to visit the exhibits and fill out your scavenger card throughout all of MIMA.**
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<th>Date</th>
<th>Time</th>
<th>Room</th>
<th>Activity / Presentation</th>
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<tbody>
<tr>
<td>Wed 8/27</td>
<td>12:10 p.m. – 12:25 p.m.</td>
<td>Atrium Area</td>
<td>Network/Visit Exhibits</td>
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<tr>
<td>Wed. 8/27</td>
<td>12:30 p.m. – 1:30 p.m.</td>
<td>Windsor 3 &amp; 4</td>
<td>Lunch</td>
</tr>
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**Moderator**  
**Valerie Butler**, Health Representative II, Office of Minority Health, Department of Health and Senior Services, Jefferson City, Missouri

**Remarks/Introductions**  
**Joseph Palm**, Chief, Office of Minority Health, Department of Health and Senior Services, Jefferson City, Missouri

**Presentation I**  
**Achieving Health Equity for All**  
**Melissa Robinson**, Chair, Northwest Minority Health Alliance; President, Black Health Care Coalition, Kansas City, Missouri

**Presentation II**  
**C.H.O.P. -- Cooking Healthy On Purpose!**  
**Aminah Williams**, Chair, Eastern Minority Health Alliance, Personal Chef, Caterer, Health Advocate, Aminah's Treats & More, O'Fallon, Missouri

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**We're Looking for A FEW GOOD MEN**
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<tr>
<th>Date</th>
<th>Time</th>
<th>Room</th>
<th>Activity / Presentation</th>
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</table>
| Wed.  | 8/27       | Concurrent Sessions 1:40 p.m. – 2:30 p.m. | **Parliament I**  
**Usable Information about Diabetes for the Common Person**  
**Thomas Cooper,** MD, Fulton, Missouri  
This presentation is intended to give you a general overview of diabetes, its effects on individuals and some of its related health outcomes. You will also learn about things to look for in family history and general information about this metabolic disease. |
| Wed.  | 8/27       | 2:40 p.m. – 3:30 p.m. |  
**Parliament II**  
**Law Enforcement Crisis Intervention and Senior Fraud Protection**  
**Sergeant Joseph Matherne,** Jefferson City Police Department, Jefferson City, Missouri  
**Buford “Chuck” Walker,** Special Executive Assistant, Secretary of State’s Office, Jefferson City, Missouri  
Law enforcement officers will speak about a rising concern across our nation that relates to mental illness awareness via a program that allows offices to learn proper techniques for effectively dealing with the mentally ill. Officers will discuss current trends and scams and how to avoid being a victim of a fraudulent scam. |
| Wed.  | 8/27       | 3:40 p.m. – 4:30 p.m. |  
**Parliament III**  
**Chair Yoga**  
**Jackie Schneider,** Wellness Coach, Columbia, Missouri  
Chair yoga is one of the fastest growing forms of yoga. It is ideal for seniors who want to experience renewed health and increased vitality of body and mind. The essence of yoga, and key to relaxation, is proper breathing. Participants will learn the proper breathing technique by performing slow, gentle stretches linking breath with movement. |
| Wed.  | 8/27       | 4:30 p.m. – 5 p.m. |  
**Atrium Area**  
**Network/Visit Exhibits** |
| Wed.  | 8/27       | 6:30 p.m. – ?? |  
**Windsor 3 & 4**  
**Dinner & Coronation**  
**Moderators**  
**Mary Larde,** Lay Leader St. Louis, Missouri  
**Donald Peoples,** Social Worker, Paula J. Carter Center on Minority Health and Aging, Jefferson City, Missouri |
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<th>Date</th>
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<tr>
<td>Thurs.</td>
<td>8/28</td>
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<tr>
<td>7:30 a.m.</td>
<td>– 8:45 a.m.</td>
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<td>Pack and Load Luggage</td>
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<td>Hotel Checkout</td>
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<tr>
<td>8:45 a.m.</td>
<td>– 9:30 a.m.</td>
<td>Windsor 3 &amp; 4</td>
<td>Breakfast</td>
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<tr>
<td>9:15 a.m.</td>
<td>– 9:30 a.m.</td>
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<td>Dance Presentation</td>
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<tr>
<td>9:30 a.m.</td>
<td>– 10:15 a.m.</td>
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<td>Anointed And Ready to Praise, Columbia, Missouri</td>
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<tr>
<td>10:15 a.m.</td>
<td>– 10:30 a.m.</td>
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<td>Keynote</td>
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<tr>
<td>10:30 a.m.</td>
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<td>Windsor 3 &amp; 4</td>
<td>Artistically Aging by Bishop Russell Freeman, Advisory Board, Paula J. Carter Center on Minority Health and Aging, Columbia, Missouri</td>
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<tr>
<td>11:00 a.m.</td>
<td>11:10 a.m.</td>
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<td>2nd Keynote: Aging Artistically with Fine Arts Musician Tony Artz, St. Louis, Missouri</td>
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<td>11:10 a.m.</td>
<td>– 11:40 a.m.</td>
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<td>Evaluations</td>
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<tr>
<td>11:40 a.m.</td>
<td>– 11:55 a.m.</td>
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<td>Closing Remarks and Affirmation</td>
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<tr>
<td>12 p.m.</td>
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<td></td>
<td>The 17th Missouri Institute on Minority Aging Ends</td>
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</table>
The Mission of the Lincoln University Cooperative Extension Paula J. Carter Center on Minority Health and Aging is to provide leadership in addressing the health, social, and psychological needs of Missouri’s 50 and older minorities and the underserved population. This is accomplished through education, research-based information, policy analysis and the use of technology as strategic tools.

The Paula J. Carter Center on Minority Health and Aging, formerly the Missouri Center on Minority Health and Aging was established in 1997 through funding from the Missouri Department of Health/Office of Minority Health. Representative Carter was instrumental in the founding of the Missouri Center on Minority Health and Aging, a multi-ethnic training, research and public policy center located at Lincoln University in Jefferson City, Missouri. Lincoln University renamed the Center after Paula J. Carter in honor of her dedicated service to all Missourians.

Senator Paula J. Carter
1940 – 2002
Welcome Institute Participants:

Lincoln University and the Lincoln University Cooperative Extension/Paula J. Carter Center on Minority Health and Aging are delighted to welcome you to the Missouri Institute on Minority Aging. This year’s institute “Aging Artistically” will be filled with informative presentations addressing minority aging and health related issues. This will also be a wonderful opportunity to network with friends and fellow participants, as we learn about ways to promote healthy lifestyles throughout our community.

The program offers insight into recent health and wellness-related advances. You can look forward to gaining lots of good information that could benefit us all well after the institute.

I sincerely hope that you enjoy the 17th Missouri Institute on Minority Aging (MiMA).

Sincerely,

Kevin D. Rome, Ph.D.
President
August 15, 2014

Greetings!

*It is another [year’s] journey and I’m glad . . . I’m so glad that [we’re] here.*

*(Original lyrics by Joe Pace.)*

Welcome to the 17th Annual Missouri Institute of Minority Aging (MIMA). This year’s MIMA will help us pursue healthy aging with the grace and beauty of an artist.

I thank each of you for attending our conference. I hope you have brought a desire to learn and a willingness to share your gifts of wisdom with other participants. In her poem “Our Grandmother’s,” Dr. Maya Angelou says, “When you learn, teach. When you get, give.”

As promoters of Lincoln University Cooperative Extension’s Paula J. Carter on Minority Health and Aging, I am sure you will be prepared to learn enough information for yourself and enough to share in your community.

This institute promises to be a visually, mentally and physically stimulating event.

Sincerely,

Yvonne Matthews
PJCCMHA Coordinator

*Lincoln University Cooperative Extension is an equal opportunity provider and employer*
August 1, 2014

Greetings MIMA Participants,

Welcome to the 17th Annual Missouri Institute on Minority Aging (MIMA)! The Office of Minority Health, Missouri Department of Health and Senior Services in partnership with Lincoln University, provides useful information to improve health outcomes and overall well-being for aging Missourians.

Throughout the State of Missouri, our most up to date research still shows that some health disparities exist among minorities in the aging population. Many older minorities experience immense difficulties in obtaining reliable transportation for medical appointments, have greater difficulties decoding instructions for medical prescriptions and frequently misunderstand the terminology used by their healthcare provider to describe their illness.

These barriers contribute to the occurrence of health variations within this population. The mission of the Office of Minority Health, Missouri Department of Health and Senior Services is to eliminate health disparities through assertive leadership, advocacy support, and visible interaction with minority communities in the State of Missouri.

The Office of Minority Health in the Missouri Department of Health and Senior Services will continue to reduce the occurrence of health disparities among older individuals by partnering with the Paula J. Carter Center on Minority Health and Aging, and supporting the Institute (MIMA).

Sincerely,

Joseph Palm, MPH
Chief, Office of Minority Health
Tuesday, AUGUST 26, 2014
Afternoon Keynote Presentation

Adrian C. Hendricks II, Regional Educator, Lincoln University Cooperative Extension

Theory of Multiple Intelligences: A Framework for Exploring Aging Artistically

Adrian Hendricks is a Regional Educator for Lincoln University Cooperative Extension, in the Central Missouri region. His specialized area of outreach is with Youth Development and 4-H. Hendricks is married and resides in Jefferson City, Missouri.

Wednesday, AUGUST 27, 2014
Morning Keynote Presentation

Robert Evans, Director, Dance Ministry Institute

I Really Can Be Artistic

Robert Evans is the founding director of the Dance Ministry Institute (DMI), where persons involved or interested in liturgical dance receive dance training in various techniques. Evans dance ministry roots began with the Harlem Tabernacle Dance Ministry (Harlem, NY) where he served as the Assistant Director from 1991-2001. Evans also serves as the Dance Consultant for the STRIVE Dance Leadership Academy, a Youth Bureau program in New Rochelle, New York. In addition to the choreographic works for DMI, Evans directs DMI’s annual Christmas production “NATIVITY: Birth of a King” and has choreographed for the annual Westchester One in Praise Good Friday Services. Evans’ choreographic works have ministered to people throughout the United States and the Caribbean including... Bahamas Faith Ministries: Nassau, Bahamas; Christian Cultural Center: Brooklyn, NY; Faith Fellowship Ministries World Outreach Center: Sayreville, NJ; The Greater Allen Cathedral: Queens, New York; Jericho City of Praise: Landover, MD; World Changers: Atlanta, GA; and The Potter’s House: Dallas, Texas. Evans, a native of St. Louis, Missouri has a Master of Science degree in Education from the City University of New York-City College and a Bachelor of Science degree from the University of Missouri-Columbia, where he majored in housing construction with a minor in drama and a Certificate in Dance. Evans received his formal dance training from the Katherine Dunham School in East St. Louis, Illinois, as well as the Alvin Ailey School of Dance and the Broadway Dance Center in New York City. He frequently combines his passion for both dance and drama in his choreographic works.

Evans works for the New York City Department of Education, where he thoroughly enjoys helping young people (17 – 21) improve their literacy and math in preparation for the High School Equivalency (HSE) exam.

Evans and his wife Selena attend Family Christian Center, New Rochelle, New York. They love raising their three sons in the nurture and admonition of the Lord. He considers himself privileged to serve the body of Christ with all that the Lord has given him.
Wednesday, AUGUST 27, 2014

**Luncheon Presentations**

Melissa Robinson, Chairwoman, Northwest Regional Minority Health Alliance, State of Missouri, Office of Minority Health

**Presentation I: Achieving Health Equity for All**

Melissa Robinson, a Robert Woods Johnson Fellow, is currently employed with the Black Health Care Coalition as president. She is responsible for leading the organization to fulfill strategic goals, maintain sustainable community partnerships and play a major role in community efforts that create health equity for all. Melissa Robinson is leading efforts to address the social determinants of health; ensuring the organization is making a significant impact on reducing health disparities in the areas of hypertension, infant mortality, diabetes, breast and prostate cancer and childhood asthma.

Robinson obtained a Bachelor of Science degree at the University of Missouri-Kansas City and a Master of Business Administration from Webster University in Saint Louis, Missouri. Robinson recently completed coursework for Community Health Worker certification and is trained to teach mental health first aid.

Melissa Robinson serves as a board member for Prime Health Foundation, Jackson County Developmental Disabilities Services (EITAS), Freedom School of Greater Kansas City and The Ad Hoc Group Against Crime. She is also a Steering Committee member for the Greater Kansas City Food Policy Coalition and actively involved in the Urban Summit. Robinson is the Chairwoman of the Northwest Regional Alliance for the State of Missouri’s Office of Minority Health. Robinson is the mother of Jeffrey Johnson, an active 4-year-old who was born premature and given a 30 percent chance of survival. This personal experience has added to Robinson’s motivation to address disparity in meaningful ways.

Aminah Williams, Chairwoman, Eastern Minority Health Regional Alliance, State of Missouri, Office of Minority Health

**Presentation 2: C.H.O.P. -- Cooking Healthy on Purpose!**

Aminah Williams is the owner of a full-scale catering service, Aminah's Treats & More, which also provides cooking classes, cooking demonstrations, personal chef services, cook therapy sessions, meal planning and much more. Williams believes that it is important to live better, eat better and enjoy life. After she donated her left kidney in 2012 to her father, she was motivated to continue to focus on her health and the health of those in her community in a greater way! Aminah is a single mother of five beautiful children, who once struggled with her weight, weighing over 200 pounds.

Aminah is passionate about educating individuals that minor changes in your health and lifestyle can make a long lasting effect on your life and well-being. At Aminah's Treats & More, she provides her clients with quality food by using only the freshest and finest ingredients. She wants her clients to realize that food plays a bigger role than just providing energy to our bodies—it comforts us, brings families together and gives us memories and laughter. It is Aminah’s hope that you continue to eat well, live well and be well!
Thursday, AUGUST 28, 2014
Morning Keynote Presentations

Bishop Russell L. Freeman, Advisory Board, Paula J. Carter Center on Minority Health and Aging, Columbia, Missouri

1st Presentation: Artistically Aging

Bishop Freeman’s ministry began in 1975 after accepting his call while serving for the Sheriff’s Department of Jackson County, Missouri. His first sermon was in January of 1976 at Emmanuel Baptist Church of Kansas City, Missouri. He served seven years as District Overseer in the state of Missouri. His administrative abilities brought the State of Kansas online within the Full Gospel Baptist Church Fellowship. Soon, he began, alongside his father, Bishop W. H. White, Sr., to once again exercise his abilities, in garnering pastors, churches and ministries for New Vision. Bishop White moved to consecrate Overseer Freeman to the Office of the Bishopric in September 2005. He joined United Covenant Churches of Christ and was appointed State Bishop over Missouri, building and strengthening United Covenant Churches of Christ. In 2008, God utilized him to bring Christians Equipping Christians for Outreach (CECO) Fellowship into existence. He received Apostolic Succession and was enthroned as CECO’s Presiding Prelate in 2009. He continues to advance the Kingdom of God in fulfilling Ephesians 4:12. For the past 27 years, he has served the United Community Cathedral of Columbia, Missouri, as senior bishop and pastor. His family consists of his mother, Sister Emma Freeman, and his daughter, Mia Ferrell, and her three children, Secily, Jaccara and Montiara. His present goals are impacting the world through evangelism reaching beyond any color or denominational barriers in an effort to bring all people together, without restraint, for Christ’s sake.

Tony Artz, St. Louis, Missouri

2nd Presentation: Aging Artistically with Fine Arts Musician Tony Artz

Tony Artz taught himself how to paint using his body, #2 pencil erasers, oil pastels, acrylic paint, music and dance. Art, music and fashion are his passion. He knew he wanted to be an artist at the age of seven. After being burned with a cigarette and thrown into a scolding hot shower, then beaten repeatedly by his dad's girlfriend, he had no choice but to express himself to take the pain away. With a #2 pencil eraser, paint, oil pastels and the music in his headphones, he began to transform his pain into the imagination of himself. Artz's style combines music, art and dance. Picture a music producer with paint in his hands laying foundations of emotions to the rhythm of the beat, using nothing but his body as the tool. Once he creates the pattern of the tone and melody he wants, he transforms the canvas into what he calls “a visual musical production.” Artz wants to affect children and other people like himself, who were abused and go through life without any kind of love and stability. “My goal is to teach troubled people worldwide to use art as a therapeutic tool to combat and release aggression, angst, depression, loneliness and other negative feelings.”
Sponsors

Lincoln University Cooperative Extension
Paula J. Carter Center on Minority Health and Aging
Missouri Department of Health and Senior Services
Office of Minority Health
Telein Group, Inc.
Primaris/CLAIM

The Planning Committee for the 17th Missouri Institute on Minority Aging wishes to thank and gratefully acknowledge the following organizations and businesses for their generous support of this educational effort:

Vendors

Saalam’s Designer Gifts
Kerry Wynn (walking sticks)
Juice Plus Whole Food Nutrition
D&H Drugstore (diabetic shoes)
Mid-Missouri Clinic of Chiropractic
Paparazzi Jewelry
Mary Kay
Body by Manna

Donations from Jefferson City, Missouri

Walgreens (Missouri Boulevard)
SSM Home Care
Kmart
Walmart (East)
Dollar General (East)
Barnes and Noble
Pier 1
Target
T J Maxx
Janet Whittler, RN, SSM Home Care

Special thanks to Joyce Whittler for donating a gift basket!

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We would also like to thank...

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**Joseph Palm**, Chief, Missouri Department of Health and Senior Services, Office of Minority Health, Jefferson City, Missouri

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