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Ready in 3

Office of Public Information
Missouri Department of Health and
Senior Services
P.O. Box 570
Jefferson City, MO 65102-0570



Emergencies can strike anytime. A tornado, a flood, or even a terrorist attack can change lives. Missouri families, communities, businesses, and schools need to take steps today to prepare for an emergency.

Ready in 3 can help.

Ready in 3 is an emergency preparedness program for Missouri. The Missouri Department of Health and Senior Services sponsors the program. Ready in 3 aims to help residents and communities prepare for many types of emergencies from tornadoes to terrorism. Program funding comes from the Centers for Disease Control and Prevention. We developed Ready in 3 after talking to people just like you.

About the Missouri Department of Health and Senior Services

Missouri Department of Health and Senior Services protects and promotes quality of life and health for all Missourians by developing and implementing programs and systems that provide:

Information and education
Effective regulation and oversight
Quality services
Surveillance of diseases and health conditions



Missouri Department of
Health and Senior Services
P.O. Box 570
Jefferson City, MO 65102-0570

www.dhss.mo.gov

To report a public health emergency,
call 1-800-392-0272.

This toll-free phone number is staffed
24 hours a day, seven days a week.

Alternate forms of this publication for persons with disabilities may be obtained by contacting the office listed above. Hearing impaired citizens telephone 1-800-735-2966.

AN EQUAL OPPORTUNITY/AFFIRMATIVE ACTION EMPLOYER
Services provided on a nondiscriminatory basis

MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES



Tornadoes,
Floods,
Earthquakes,
Terrorism.

In Missouri
You Can Be
Ready in 3



READY IN 3

Ready in 3 focuses on three steps you can take to prepare for many kinds of emergencies.

- ▶ Create a plan for you, your family, and your business.
- ▶ Prepare a kit for home, car, and work.
- ▶ Listen for information about what to do and where to go during an actual emergency.

WHAT MATERIALS ARE AVAILABLE?

Ready in 3 includes many types of materials to help you prepare for an emergency.

For individuals and families:

- ▶ A Family Safety Guide will help you decide what you need to have at home, in the car, and on the job in case of emergency.
- ▶ An Emergency Threats Brochure gives information on the different kinds of emergencies that Missouri residents might face.
- ▶ General Fact Sheets give basic information on what to do before, during, and after an emergency.
- ▶ Special Fact Sheets give basic information on specific situations, like a nuclear emergency or smallpox outbreak.

For businesses, schools, and other community organizations:

Ready in 3 offers additional tools for use by businesses, schools, and community organizations.

- ▶ Posters provide information about Ready in 3. They also direct people where to go for more information. Posters can hang in lunchrooms or on bulletin boards.
- ▶ Presentation materials and talking points are available to help you spread the word about Ready in 3. The basic presentation stresses the importance of being prepared for an emergency. It can be customized for your group.
- ▶ Newsletter articles are available for your newsletter or Web site. These ready-to-print articles focus on emergency preparedness.

All materials are free. Many are available in multiple languages. To review the materials, visit our Web site at www.dhss.mo.gov. To request copies of the materials, please fill out and mail the attached reply card.

HOW CAN I GET INVOLVED WITH READY IN 3?

We are responsible for our own safety, even in an emergency. Individuals and families should read the Ready in 3 materials. Then, they should follow the three simple steps. Businesses, schools, and community organizations can help spread the word about the importance of being prepared in case of an emergency.

ARE OTHER SOURCES OF INFORMATION AVAILABLE?

In addition to information from the Missouri Department of Health and Senior Services, materials to help prepare for an emergency are available from the following organizations:

Missouri Department of Health and Senior Services
www.dhss.mo.gov

The American Red Cross
www.redcross.org or call your local chapter

Department of Homeland Security
www.ready.gov or call 1-800 Be Ready

Centers for Disease Control and Prevention
www.bt.cdc.gov
www.cdc.gov/niosh/topics/prepared

Federal Emergency Management Association
www.fema.gov/areyouready/
www.fema.gov/library/bizindex.shtm

U.S. Department of Education
www.ed.gov/emergencyplan

HOW CAN I KEEP UP TO DATE ON OTHER READY IN 3 ACTIVITIES?

To receive alerts and updates on our efforts, please fill out the attached card and drop it in the mail. You can also visit our Web site at www.dhss.mo.gov.

Name _____

Organization _____

Address _____

Phone _____

E-Mail _____

I prefer to receive updates and materials by:

☐ Mail ☐ E-Mail

Please send me:

Item:	Quantity: (maximum 250) Circle which language
Family Safety Guide	_____ Available in English, and Spanish, and on the DHSS Web site in Bosnian
Emergency Threats Brochure	_____ Available in English and Spanish
General Ready in 3 Brochure	_____
Posters	_____
Presentation Materials	_____
Newsletter Articles	_____

The following fact sheets are available only at www.dhss.mo.gov. Materials are available in English, Spanish, Bosnian, Vietnamese, Korean, and Somali.

- Before an Emergency
- During an Emergency
- After an Emergency
- Biological Emergencies
- Chemical Emergencies
- Nuclear or Radiation Emergencies