

# The Learning Times

Publication of Learning in Retirement, Inc.

July — December 2015 NEWSLETTER

Summer Membership Meeting & Luncheon Wednesday, July 15, 2015 11:15 a.m. check-in and exhibits Lunch at noon Pre-registration Deadline: July 7, 2015 Entertainment: Bob Priddy St. Martins Knights of Columbus Building

Highway 50W – Route T

# **Summer Membership Meeting**

The membership meeting will be on Wednesday, July 15, 2015, at the St. Martins Knights of Columbus Hall on Route T. Registration will begin at 11:15 a.m., with a catered luncheon following at noon. Pre-registration (form enclosed) is required for this event along with the *prepaid* luncheon cost of \$11.00 for members and \$15.00 for nonmembers. Displays will be available in the Exhibit Area prior to the luncheon. Anyone wanting to sign up for trips, courses, or clubs, or to receive additional information, should do so at that time.

President Judy Alexiou will preside over a short business meeting. Committee chairs will provide information on upcoming trips, classes, and clubs. Special guests will include the ROTC and LIR/LU scholarship recipients, along with presenters of LIR courses during the past year. Bob Priddy will be the guest speaker. At the conclusion of the meeting, door prizes will be given away.

Please sign-up on the enclosed registration form and include any guests you have invited on the same form. You may call 573-681-6152 if you have any questions concerning the luncheon meeting. Final date for the luncheon meeting registration is July 7, 2015. Hope you will be able to attend the meeting!

Delinda Fitch, Membership Chair

# <u>President's Remarks</u>



#### <u>Inside this issue:</u>

President's Message 1

From	Judy Alexiou	
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#### Dear LIR members:

This has been a busy six months! Three hundred fifty-one (351) of our members traveled on trips, 702 attended classes, and 378 participated in clubs. (We currently have 376 members, and many go on several trips as well as attend classes or participate in clubs, so the numbers are not exclusive, but represent total numbers of attendees.)

I just returned from the May LIR trip to Mississippi with 41 other LIR members. It was a wonderful trip, including stays in Vicksburg, Mississippi, and Jonesboro, Arkansas. The LIR Travel Committee members do a wonderful job planning our monthly trips and often repeat trips when the demand is high.

**Remember, if a trip is full, please place your name on the wait list.** There are always cancellations, and the wait list is used to fill those positions. The wait list is also used to determine if a second trip to the same location is feasible.

The Curriculum Committee had some great classes in the past few months and have more planned for the next six months. They welcome your ideas for classes you would like to have. Check the new ones out here in the newsletter.

Our clubs are alive and well with a new Canasta Club starting this summer and a music group looking for new members to form a club.

We were sorry to see Ann Claypool, our office manager, leave in March, but thrilled to hire Cheri Landers as our new office manager in April. Be sure and welcome her whenever you stop by the office or call on the phone. She has done a wonderful job since she started, and we are so happy to have her.

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**New Members May** Join at Mid-Year! New members who join after June 30 pay a membership fee of \$25.00 for the remainder of the calendar vear. Midvear membership applies only to a person who has never belonged to LIR or has not been a member for at least 12 months. A membership application form is enclosed in this mailing.

#### President's Notes (Cont'd)

Members of the board completing terms this year are Pee Wee Forck, Dan Hermann, Donna White, and myself. We thank them for their service to the organization. We especially thank Sue Alberti for staying on the board an additional year to be our treasurer.

New board members will be elected at the July meeting and will take office in January. Candidates are listed below.

LIR is a volunteer organization, and we currently need volunteers to serve on all committees. Talk to the committee chairs and members at the July meeting and find a committee that you would like to join.

I look forward to seeing you at the membership meeting.

Have a wonderful summer!

Judy



#### **Election of Board of Directors**

The LIR Nominating Committee is submitting the following slate to be approved at the July 15th Membership Meeting for the Board of Directors of Learning in Retirement, Inc. The three (3) year terms will start January 1, 2016.

Marigene Brewer (2nd 3-year term) Marge Kudrna (1st 3-year term) Cathie Middleton (1st 3-year term) Don Neumann (1st 3-year term)

### Officers for 2016 Approved by the Board of Directors May 2015

President - Kathel Cooper Vice-President - Marilyn Bacon Secretary - Ellen Richardson Treasurer - Becky Washburn

#### LIR SCHOLARSHIPS AWARDED

Three Lincoln University students are recipients of LIR academic scholarships for 2015. ROTC scholarships were awarded to two cadets, Cadet Gonzalez and Cadet Harris. The LIR/LU General Academic Scholarship was awarded to Taylor Atkinson.

*Cadet Aide Gonzalez*, a freshman Psychology major from Bassett, Virginia, has earned a 3.80 cumulative academic GPA and a 4.00 ROTC GPA. She has been named to the University Academic Dean's List and is involved in various school and community events. Cadet Gonzalez is a takecharge, lead-from-the-front individual who has earned the trust and confidence of her peers and superiors.

*Cadet Quran Harris*, a sophomore Criminal Justice major from Florissant, Missouri, has an overall 3.22 cumulative GPA and a 4.00 ROTC GPA. Besides being named to the University Academic Dean's List, he has also received the Military Order of World Wars Award in recognition of his outstanding military and scholastic studies and his commitment to serve his country. Cadet Harris is actively involved in campus and ROTC activities. His judgment and leadership skills have earned him the ranking as the number one MS II Cadet in the ROTC Blue Tiger Battalion.

*Taylor Atkinson* has received the LIR/LU General Academic Scholarship. Taylor is from Olean, Missouri and will be a junior this fall, majoring in Agribusiness. She has an overall 3.75 GPA and has been in the National Honor Society for the past three years. Taylor is active in 4-H and FFA. She plans to graduate early and work within the USDA to gain even more experience and knowledge in her field.

# Know B-4 U Go – Talk Time

#### Tuesday, July 7, 2015

The travel committee will host an informal and informational question-and-answer session on July 7 related to upcoming trips and/or answer questions you may have regarding LIR Travel. Registrations will be accepted for trips, courses, and membership. Non-members are welcome to attend; however, you must be an LIR member to register for activities.

Refreshments will be served; it's a great time to socialize, meet new friends, and receive additional information regarding upcoming trips.

Time, date, place: 1:30 p.m., Tuesday, July 7 L.U. South Campus, 900 Leslie Blvd., Jefferson City, MO Missouri's First Learning in Retirement Institute



# **TRIPS** July - December 2015

#### Down on the Farm--Missouri Agri-**Business Tour**

Tuesday, August 25, 2015

Located in rural northeast Missouri north of Shelbina, amid corn and soy beans, the 17,000 acre Heartland Community Farm is home to over 8,500 cows and 2,100 goats. Heartland Creamery was envisioned by businessman and farmer, Charles Sharpe. A local farm boy, Charlie is joined by a crew of diverse people making up not just a company, but also a community. Through affiliation with a faith-based rehab facility at Heartland, they have the opportunity to help people who are struggling to rebuild their lives. The cow dairy milks over 3,400 cows three times a day on a carousel. The goat dairy's herd of 2,000 plus goats is milked morning and evening, producing a herd average of three quarts of milk daily. Our tour will include a visit to the goat nursery to view the newborn "babies."

We will enjoy a buffet lunch in the Solid Rock Café on the grounds of the Heartland Community. Also located inside the Solid Rock Café is the Heartland Ford Museum, which features cars and trucks spanning 1906 to 2012.

We will then visit POET, one of the world's largest ethanol producers and a leader in bio-refining, in Macon. The 25-yearold company has a production capacity in excess of 1.6 billion gallons of ethanol and nine billion pounds of high-protein animal feed annually. After 15 years since opening, the Macon plant is still a state-of-the-art facility.

Enroute back to Jefferson City, we will visit Stanton Brothers Eggs located near Centralia, Missouri. On their farm operation, Dustin and Austin (with the help of their parents) care for about 20,000 hens. Their enterprise is one of the largest independent free-range egg farms in the nation. The brothers started down their egg production path in 1999 when Dustin, a first grader, was given six chicks. These young entrepreneurs will gladly share their business experiences with us. Dustin and Austin are both hooked on the independence that comes from owning their own business.

We will make a quick stop in Columbia to have a light dinner or dessert to round out our tour of agri-business in the process.

Departure time: 7:00 a.m.

Return: 7:30 p.m. (est.)

Escorts: Vicki Ford 573-635-0210 Marge Kudrna 573-635-0370 Henry Dahl 573-635-2139

Cost: \$50.00 Full pay: \$50.00 due with registration

## Cardinals vs. Cubs -- Busch Stadium

12:45 p.m., Wednesday, September 9, 2015

Cardinals vs. Cubs-need we say more? Don't hesitate! Tickets will go fast! Our seats are located on the third-base side on the 2<sup>nd</sup> level. Leaving Wal-Mart at 8:00 and arriving at the stadium at 10:30-you will have time to check out BASEBALL VILLAGE or enter the stadium and watch batting practice. Lunch and snacks are on your own. After a Cardinal victory, we'll head home around 4:30 p.m.. We're planning a short stop along the way, getting home around 7:30 p.m.

Departure time: 8:00 a.m. Return time: 7:30 p.m. (est.)

Escorts: Vicki Ford 573-635-0210 Marla Buechter 573-636-5425 Marge Kudrna 573-635-0370 Cost: \$55.00

\$30.00 due with registration Final Payment \$25.00 August 19th

# Cruising the Mississippi River September 16, 17 & 18, 2015

Come and cruise the beautiful and powerful Mississippi River from Dubuque, IA, to Moline, IL. As we travel from Missouri to the river cities of Dubuque and on to Moline, we will enjoy learning more about the "Mighty Mississippi."

Day 1: We will get an early start for our drive to the city of Dubuque, Iowa. Upon arrival, our first stop will be the National Mississippi River Museum & Aquarium. An affiliate of the Smithsonian Institution, the Museum & Aquarium riverfront campus is the only interpretive center for the entire Mississippi River. Take an entertaining and informative journey on the Mighty Mississippi; enjoy dynamic aquariums, historical exhibits, and a stroll through the wetlands and boatyard. Experience the river "up close and personal" with live critters, become barge pilots, and tour the steamboat William M. Black.

We will enjoy a 4-course dinner at the Stone Cliff Winery. While there, we will enjoy the mystery theatre. "It's 1908 and Star Brewery owner Joseph Rhomberg is in need of a new brew master. John Trick who held the job since the brewery opened in 1898 has left, and his chatterbox assistant, Blabby Lifshitz wants the job. A gambling debt, a passionate girlfriend with wedding plans, a secret German beer recipe, and a confrontation over the job lead to a Who-Done-it. You'll have to see the Brew House Mystery Dinner Theater to find out."

Day 2: After staying overnight at the Grand Harbor Inn, we will spend a full day on the 770-passenger Celebration Belle with

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# TRIPS July–December 2015 (cont'd)

reserved seating arranged on the main dining decks. Become Tom Sawyer or Huck Finn for the day! We will start in Dubuque, Iowa, and cruise south to Moline, Illinois. Your day can be what you make of it -a learning experience or simply a leisurely cruise down the Mississippi from two observation decks to sit and enjoy the views. Enjoy live entertainment throughout the day. The chefs stay busy all day preparing three stop for an early dinner on the way home (on your own). fresh buffet meals right aboard the boat. Don't forget your camera! Our hotel for the night will be the Radisson.

Day 3: Working the land-that's what they have been doing at John Deere for more than 175 years. And there's no better way to experience it than a trip to the John Deere Pavilion. It's all here: The machines, the history, the technology, the innovations, and a chance to see where agriculture, construction, and forestry are heading here in America and around the world.

At the Isabel Bloom Sculpture Studio, you will have a behindthe-scenes view of every step in the making of every piece of art. You will see how the company maintains the legacy of artist Isabel Bloom. You will see her original art, photos, and how her innovations still influence production today.

We will stop at Lagomarcino's, a place steeped in family tradition, for lunch. Sometime during the busy lunch hour as you're sitting in one of the gorgeous, handcrafted mahogany booths, you will start to feel a nostalgic calm, a satisfying wistfulness as you enjoy lunch. You will begin to notice pleasant memories drifting quietly past your table, sweet memories smelling faintly of chocolate. And then it's homeward bound !!

Departure time: 6:30 a.m. Return: 7:00 p.m. (est.)

Escorts: Marge Kudrna - 573-635-0370 Marjorie Smith - 573-893-3118 Marla Buechter - 573-636-5425

Cost: \$425.00 Double \$532.00 Single \$200.00 due with registration

Final payment due August 5, 2015 \$225.00 Double; \$307.00 Single

#### **ST. LOUIS ZOO**

#### Thursday, October 1, 2015

Who says the zoo is just for kids? There are so many things to see and do, from the Bird Cage (from the 1904 World's Fair) to the new Conservation Carousel, that we thought we'd spend the day checking out all 18,000 animals (700 species) on 90 acres at our world-famous St. Louis Zoo.

Well, maybe NOT all 90 acres! Your trip cost includes a box lunch (your choice of sandwich or salad), a guided tour (also your choice of the area you would like to tour), plus a Safari Pass for the Children's Zoo, Zooline Railroad, Stingrays at Caribbean Cove (depending on the weather), Conservation Carousel, 4-D Motion Simulator, and a movie in The Living World. We will

Please note: While there will be a 90-minute guided tour and a meal, MOST of the time will be "on your own" touring the zoo!

Depart: 8:00 a.m. Return: 7:30 p.m.

Escorts: Vicki Ford, 573-635-0210, Donna White, 573-659-8495

Cost: \$63.00 \$40.00 due with registration

Final Payment: \$23.00 due September 1, 2015

#### **MO-OK Medley**

October 20 - 23, 2015

Have fun, relax, and learn as we explore Southwest Missouri and Oklahoma on a four-day adventure.

Our first stop will be in the Joplin area where we tour the city with a step-on guide and see both the Sunshine Lamp District (downtown) and the historic Murphysburg District (the oldest neighborhood in Joplin.) One of the highlights of this tour will be Cunningham Park, which was rebuilt after the 2011 tornado and pays tribute to the 180,000 volunteers who came to assist after the disaster. We'll visit the Joplin Museum Complex, which preserves exhibits and teaches the heritage of Joplin and the Tri-State Mineral District. Before leaving the area, we visit the George Washington Carver National Monument, which honors this famous African-American agronomist, educator, and humanitarian. It is located inside a 240-acre national park, which consists of a Visitor Center, the 1881 Moses Carver house, and Carver cemetery. Lunch will be provided before leaving the area.

Traveling south to Grove, Oklahoma, we take a self-guided stroll through a pioneer-era village and museum that has been recreated along the shores of Oklahoma's Lake O' the Cherokees. Our first night out will be at the Best Western TimberRidge Inn located in this small historic town.

Day Two begins with a guided tour of Pensacola Dam, where we learn the history of the dam and how power is generated. The bridge itself is breath-taking; it is the longest multiple-arch dam in the world with a total of 51 arches. After the tour, we continue to Oklahoma City, where we visit the National Cowboy and

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# TRIPS July - December 2015 (cont'd)

Western Heritage Museum, which also pays tribute to the cowboy's trusted companion, the horse. Here you find an extensive collection of pioneer artifacts, western movie props, and a replica of a circa 1900 cattle town at dusk with full-size structures, including a saloon, school, and church. After settling in at Hyatt Place for a two-night stay, a group dinner is planned at the Cattleman's Steakhouse, an Oklahoma favorite and purveyor of award-winning T-bone steaks.

**Day Three** We visit the Oklahoma City National Memorial and Museum located on the site of the Oklahoma City bombing and the fallen Alfred P. Murrah Federal Building. The museum offers a self-guided tour that takes you through the story of April 19, 1995, from rescue and recovery to investigation and capture. See the Field of Empty Chairs (168), one for each victim of the bombing, the Gallery of Honor, and the Survivor Tree that miraculously withstood the blast.

To begin our evening, we head to Bricktown, now the city's entertainment hotspot but once a dilapidated warehouse district. The American Banjo Museum is located here where we have scheduled a tour. Then you're 'on your own' to take a stroll along the mile-long, man-made waterway, the Bricktown Canal, visit a restaurant of your choice, enjoy live music, and/or visit numerous other venues. We will board the Water Taxi for a sightseeing cruise of the canal.

**Day Four** As we begin our journey home on Day Four, we stop in Claremore, Oklahoma, to visit the Will Rogers Memorial Museum, a ranch-style museum overlooking Claremore. Will Rogers had planned to build a home on this site; he was one of America's famous cowboys, rodeo performer, columnist, author, and star of some 70 films.

Returning home this evening, may you have unforgettable memories of the sites, the history, and the new experiences in Joplin, Missouri, and Oklahoma City.

Departure time: 6:45 a.m. Tuesday, October 20

Return: 7:00 p.m. (est.) Friday, October 23

Escorts: Betty Doerhoff – 573-493-2240

Rosemarie Turner – 573-635-3175 Henry Dahl – 573-635-2139

Cost: Double: \$420.00 Single: \$585.00 \$220.00 due with registration

Final payment due September 1, 2015

Double: \$200.00 Single: \$365.00

#### Taste and Tour --Hermann, MO

Tuesday, November 10, 2015

Today's trip to picturesque Hermann and the surrounding area includes a tour of the Swiss Meats and Sausage Company processing plant and smokehouse and samplings of their award-winning bratwurst and sausages. This family-owned business has been in operation for 45 years and has won many national and state awards for their products.

While visiting the City of Hermann, experience the historic heritage and culture of this German village from the comfort of your motor coach while a step-on guide narrates a city tour. We step back in time as we visit the Historic Herman Museum with its newly restored German School Museum. Lunch is at the Vintage Restaurant at Stone Hill Winery with wine and juice tasting before we visit Oak Glen Winery for more of the same. The spectacular view of the Missouri River from this site is breathtaking!

As our journey home begins via Highway 94, we stop for a tour of Our Lady of Sorrows Shrine at Starkenburg. You will be amazed at the history of the parish as told by the local guide and historian. Plan to spend the day with friends as we visit these nostalgic German heritage sites.

Departure time:	7:45 a.m.	Return time: 6:15 p.m. (est.)
Rosem	Doerhoff – 573-4 narie Turner – 573 White – 573-659	3-635-3175
Cost \$64.00	\$30.00 due wi	th registration
Final Payment:	\$ 34.00 due Oc	ctober 9, 2015

#### Christmas at the Lake

Tuesday, December 8, 2015

Get in the Christmas spirit by spending a fun-filled afternoon and evening at the Lake of the Ozarks.

We'll begin our trip with a mid-afternoon festive meal at J.J's at the Copper Pot in Laurie, Missouri, followed by a 5 p.m. drivethrough tour of the Enchanted Village of Lights, also in Laurie. We'll cross the Lake to attend the Christmas show at the Main Street Music Hall. This show has received rave reviews from past patrons, and we are anxious to see it for ourselves.

Give yourself an early Christmas present and join us!

Departure time: 2:15 p.m. Return time: 10:30 p.m. (est.)

Escorts: Marla Buechter — 573-690-1879

Betty Doerhoff —573-619-2920

Cost: \$80.00 \$40.00 due with registration Final payment: \$40.00 due November 1, 2015



# COURSES JULY-DECEMBER 2015

#### LU / LIR PARKING PERMITS for 2015-2016

Lincoln University parking permits for LIR members will be available for purchase at the summer membership meeting on July 15<sup>th</sup> or after that date at the LIR Office.

Parking permits are required for parking on the Soldiers Hall or Lorenzo Greene (South Campus) parking lots. The parking permits will be valid from September 1, 2015, through August 31, 2016.

To obtain the permit, you will need the following information: vehicle make, model, color, license plate number, and your driver's license number.

Cost of the permit is \$10.00.

#### Miscellaneous Course Information

•Registration forms are provided in the LIR newsletter or on the LIR web site. Each course is \$12.00 unless otherwise noted. **Registration will be accepted at the General Membership Meeting to be held on July 15, 2015.** (See front page)

•Location of courses varies, depending on topic and size of class. If a course is located on the Lincoln University Campus, a parking tag is required to park on campus. Parking permits may be purchased for a \$10 fee through the LIR Office located in Soldiers Hall, or call 573-681-6152 to request the form.

•Additional special one-time classes may be scheduled at no cost.

## **Free Courses**

This issue of *The Learning Times* has several oneday free classes. These will be indicated with asterisks before and after the title, for example, \*\*Title\*\*.

Please register for these classes to ensure enough chairs are provided.

#### A HOST OF HEISTS

Come join us on Wednesdays in August for the movies. The theme will be heist movies with suspense, comedy, and romance. Several big film stars have leading roles that may keep you on the edge of your chair or smiling as they manage to deceive and con their victims.

Dates: Wednesdays, August 5, 12, 19, 26

Time: 1:30 - 3:30 p.m.

Place: Missouri River Regional Library, 2<sup>nd</sup> floor

August 5- **To Catch a Thief**: A 1955 romantic thriller directed by Alfred Hitchcock. The film stars Cary Grant and Grace Kelly. The story is about a retired cat burglar who has to save his reformed reputation by catching a new "cat" preying on the wealthy tourists of the French Riviera.

August 12- **How to Steal a Million**: A 1966 heist comedy film starring Audrey Hepburn, Peter O'Toole, Eli Wallach, and Hugh Griffith. The story is about a highly skilled art forger who pretends to be an art collector and how his daughter keeps him out of prison.

August 19- The Thomas Crown Affair: A 1968 film starring Steve McQueen and Faye Dunaway. A millionaire businessman/ sportsman pulls off the perfect crime of robbing a Boston bank. This movie was nominated for two Academy Awards.

August 26- **The Sting**: A 1973 American caper film set in September 1936 involving a complicated plot by two professional grifters to con a mob boss. The film stars Paul Newman and Robert Redford. The story was inspired by real-life cons perpetrated by brothers Fred & Charley Gondorff.

Coordinator: Karen Sanders, 573-635-0931

#### \*\*UNDERSTANDING THE GAMES\*\* Quarterback Draw, 5-4-3 Double Play, Penalty Kick

What are they talking about? Watching the games becomes fun <u>when we understand</u> what is going on. So come join us and learn about the games of fall.

Date: Thursday, August 27, 2015. Time: 10:00 to 12:00 Noon Location: To be announced

Baseball season is in full swing, and LIR goes to a Cardinal-Cubs game in September, but do we really understand what is happening on the field?

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# COURSES July - December 2015 (Cont'd)

Soon comes football with the local high school teams, plus Mizzou, the Rams, and the Chiefs. What are they doing? There are also other fall sports, such as boys soccer and grueling cross country.

Ted LePage, Jefferson City High School football coach, and Rod Smith, sports director for KRCG-TV, will help us understand what we are watching. We will learn how different plays develop, what strategies are used, and what different terms mean. All this information will make us better informed spectators for more enjoyment. (And our grandkids will appreciate that we know something about their sports.)

So come, learn, and enjoy the games.

Presenters: Ted LePage, Head Football Coach, JC High School Rod Smith, Sports Director KRCG-TV.

Coordinator: Carol Ellinger, 573-893-2331

#### UNDERSTANDING INVESTMENTS AND MARKETS

**Dates:** Tuesdays, September 8, 15, 22, 29 **Times:** 10:00 - Noon

Location: South Campus, Lincoln University, Leslie Blvd

Have you ever had questions regarding the differences between stocks, bonds, mutual funds, IRA'S, CD'S, and the host of other investment avenues? In addition - if you are curious as to how one reads stock market reports, including Marketwatch.com, and other investment portfolio reports, then you may want to take this class. It will also be helpful in determining when to annuitize some of your investments and other income streams in retirement.

**Presenters:** Wallstreet Group Financial Advisors, John Ruth and Travis Ford

Coordinator: Stephen Buchholz, 573-635-8774

#### MILITARY HISTORY OF THE COLE COUNTY AREA

Dates: Wednesday, September 9, 16, 23, 30 Time: 1:30 – 3:30 p.m. Place: South Campus, Lincoln University, Leslie Blvd

Jeremy Amick will guide the class through the military history of Cole County and surrounding areas, introducing the class to many of the interesting and unique veterans that have lived in and influenced our local communities--beginning with the Civil War and on into the Cold War and the Vietnam War.

Presenter: Jeremy P. Amick

Coordinator: Bill Gerling, 573-220-4319

#### MISSOURI MASTERPIECES HIDDEN IN PLAIN SIGHT ART AT THE MISSOURI STATE CAPITOL

Dates: Thursdays, September 3, 10, 17, 24 Time: 10 a.m. – 12 Noon Place: Missouri State Capitol

The works of art adorning the Missouri Capitol "...melt into their surroundings as if Nature had woven them into the stone as it lay in the Carthage quarries," according to a *St. Louis Post-Dispatch* correspondent in the early 1920s. Some of the most renowned American artists of the early twentieth century depicted our state's history in paint, stone, bronze, glass, and fabric in the building and surrounding grounds. John Cunning, program director for Resource Management and Interpretation for Missouri State Parks, and Bob Priddy, who coauthored the book *The Art of the Missouri Capitol*, will introduce us to these masterpieces that are hidden in plain sight at the Missouri State Capitol grounds.

Presenters: Bob Priddy, John Cunning

Coordinator: Dan Hermann, 573-291-7820, modanjc@aol.com

#### \*\* HISTORY OF THE JEFFERSON CITY FIRE DEPARTMENT \*\*

Date: Friday, September 11, 2015

Time: 10:00 - Noon

Place: Jefferson City Fire Museum, 913 E Miller St.

Over the last several years, the Jefferson City Fire Department has undertaken the development of a museum to showcase the history of the Fire Department. Capt. Tim Young will present a Power-Point program and lead a tour of the new and developing museum. The program will discuss the history of the Fire Department from its beginning in 1842, through its years as a volunteer company to its current status as a full-time, paid department. Also included will be discussion of major fires that have occurred in Jefferson City. The location is a former active fire station. What better place could there be to house the Fire Department Museum?

Presenter: Capt Tim Young, Jefferson City Fire Department

Coordinator: Bill Luebbert, 573-635-8060

# COURSES July — December 2015 (Cont'd)

#### \*\*THE HONOR FLIGHT: HONORING AMERICA'S VETERANS\*\*

**Date:** Friday, September 18, 2015 **Time:** 10:00 a.m.-- Noon **Location:** To be announced

Join us to learn about the Central Missouri Honor Flight experience for veterans of World War II, the Korean War, and the Vietnam War. Mary Paulsell will share details of the history and current operation of the Honor Flight Program. We may also hear from a veteran who had the opportunity to take an Honor Flight to visit the memorials on the National Mall in Washington, D.C., or a guardian who accompanied a veteran on the flight. Video clips will "take you there" to be part of this memorable experience.

Presenter: Mary Paulsell, Chapter President, Central Missouri Honor Flight

Coordinator: Kathy Penfold - 573-635-8374

#### **RUSSIA: A VISION, AND THE SOVIET LEGACY**

Date: Tuesdays, October 6, 13, 20, 27 Time: 1:30 to 3:30 PM Location: South Campus, Lincoln University, Leslie Blvd

Do you know any of the history of Russia in the 20<sup>th</sup> Century?

This class will begin with the Russian Revolution and continue with the Lenin/Stalin years, through the fall of the Soviet Union. Perhaps you remember some of this, but this class will put it all in perspective.

Presenter: Dr. Roger Jungmeyer, Professor of History, Lincoln University.

Coordinator: Dr. David Linsenbardt, 573-636-3727

#### SACRED SPACES AND SACRED PLACES THE GEOGRAPHY OF RELIGION

Dates: Wednesdays, October 7, 14, 21, 28 Time: 1:30 p.m. – 3:30 p.m. Place: South Campus, Lincoln University, Leslie Blvd

Many Americans refer to any "sacred space" as a "church." A session on sacred spaces will explore the sacred spaces of major religions (where we will learn the differences and characteristics of churches, mosques, synagogues and shrines). In sacred places, we will examine places such as Rome, Jerusalem, Mecca, and others that play a role in major religions. An introductory session will look at the distribution of various religions across the globe. This course is not about religion but the geography of religion: the location, distribution and relationship of religions, their sacred places, and sacred spaces.

Presenter: Dan Hermann

Coordinator: Bill Gerling, 573-220-4319

#### **PRESERVING THE COMMUNITY LEGACY:** Beneficial Use of Historic and Older Structures

Dates: Thursdays, October 8, 15, 22, 29 Time: 1:30 to 3:30 p.m. Location: Lincoln University, South Campus, Leslie Blvd

The Capitol Building serves as the icon for Jefferson City to most Missouri residents. The historic downtown and older neighborhoods at the city center give the city its essential identity and character. The historic and older structures, whether governmental, commercial, industrial, or residential, comprise Jefferson City's physical legacy.

The main process for preservation of these buildings results from responsible ownership and on-going performance of necessary maintenance – the unsung element of historic preservation. But major projects capture our attention and appreciation -- projects that restore a structure and oftentimes transform it for a new beneficial use. Projects that are restoring and preserving structures in our downtown, the South Side, and older neighborhoods will be described by the developers or property owners, illustrating the before, during, and after aspects of the restorations. Historic preservation organizations and agencies will provide perspectives about governmental and other support programs.

Presenters: To be announced closer to the course date.

Coordinator: Jim Penfold, 573-635-8374, jkpenfold@embarqmail.com

# COURSES July — December 2015 (Cont'd)

#### ORCHESTRAL MASTERWORKS WITH THE SAN FRANCISCO SYMPHONY (Part 2)

Dates: Fridays, October 9, 23, 30, and November 6

#### Note: <u>NOT</u> Oct 16)

Times: 1:30 - 4:00 p.m.

Place: Missouri River Regional Library, Second Floor

The objective of this course is to advance our appreciation of symphonic music using an amazing set of videos developed by San Francisco Symphony Director, Michael Tilson Thomas. The course will resemble a similar LIR course presented in October 2014, but this is Part 2.

Each class session will be divided into two one-hour segments separated by a break: Part I will explore the story and significance of an orchestral masterpiece; Part II will show the San Francisco Symphony performing the work in its entirety.

Thomas uses the medium of video to take us to different parts of the world to tell the story of the music, as well as to take us inside the orchestra as it performs to see the musicians up close as they play under the direction of their inspiring director.

The pieces to be explored are Peter Illych Tchaikovsky's Symphony 4, Gustav Mahler's Symphony 1, Charles Ives A New England Holiday Symphony, and Igor Stravinsky's Rite of Spring. Both the orchestral works and the stories behind them are fascinating.

We are most appreciative that the San Francisco Symphony Orchestra has granted us permission to use these videos for our educational purposes.

Instructor: Warren Solomon: Violist, Jefferson City Symphony Orchestra; Retired teacher, and LIR Member

Coordinator: Joan Solomon: 573-893-4407

jmsolomon@mchsi.com

#### \*\*EXPLORING EXERCISES FOR THE BODY, MIND & SPIRIT\*\*

Date: Tuesday, November 3, 2015 Time: 1:30 p.m. – 3:30 p.m. Place: Capital Region Healthplex

Exercise is essential for maintaining a healthy life, a healthy mind, and a blooming spirit. What kinds would I like best? How do I keep my body, mind, and spirit in good shape, especially since I am not working anymore?

This class will explore various physical exercises such as Tai Chi, Yoga, and others, as well as sitting exercises for long trips. Also, it will include exercises for the mind, which is just as crucial because we are no longer challenged by our working environment.

(Continued in next column)

The spirit, too, is an important component of our life, and as we grow older (not old, <u>older</u>), we need to keep our spirits refreshed.

Body, Mind, Spirit. Its takes all three to get and keep healthy and happy, especially in retirement. Join us and explore the possibilities of exercise, the key to a healthy, happy life.

Presenters: Kay Benward and staff, Capital Region Healthplex

Coordinator: Linda Bohrer, 573-896-5425

#### \*\*HISTORY SPEAKS AT GOVERNOR'S MANSION — IS SAVED AT COLE COUNTY HISTORICAL SOCIETY\*\*

Date: Tuesday, November 10, 2015

Time: 10:00 a.m. – Noon

Place: Governor's Mansion, 100 Madison St. and Cole County Historical Museum, 109 Madison St.

Come and enjoy the elegance and beauty of the Missouri Governor's Mansion, one of the nation's most beautiful. The Mansion's first floor is restored to the time when it was built, 1871, and includes many beautiful antiques and gifts from the governors who lived there. While there, view portraits of many of our First Ladies. "If Walls Could Talk," you could listen to their stories.

The Museum has saved many memorable items that illustrate the history of Cole County.

The Civil War display shows the actions of the war and its effect on the county.

Most delightful is the collection of the Inaugural gowns of many of Missouri's First Ladies.

A \$5.00 entrance fee to the Museum will be collected at the door.

Presenters: Verna Luebbert and other Missouri Governor's Mansion Docents

Marie Colvin and other Cole County Historical Society Docents

Coordinator: Verna Luebbert, 573-635-8060

# **\*\*SIERRA LEONE AND ITS CONNECTION TO JEFFERSON CITY\*\***

Wednesday, November 18, 2015 Date:

Time: 10 a.m. - noon

Place: Lincoln University, South Campus, Leslie Blvd

This presentation, focusing on the nation of Sierra Leone in Africa, will address such questions as the following:

- Where is Sierra Leone, and what are the physical and human characteristics of Sierra Leone as a place?
- What were major developments in Sierra Leone's history? How has Sierra Leone's history been deeply affected by both events in Great Britain and in the United States?
- What major challenges face Sierra Leone today?
- How has our City of Jefferson become a magnet for many people from Sierra Leone?
- What is the nature of Jefferson City's Sierra Leone community? How have people from Sierra Leone adapted to life here and played important roles in our community?

Our instructor is well-qualified to speak on this topic because he grew up in Sierra Leone and has since set deep roots here in Central Missouri, in both Columbia and Jefferson City.

Presenter: William Buck, local businessman and incoming president of the Jefferson City West Rotary Club

Coordinator: Warren Solomon, 573-893-4407

whsolomon@mchsi.com

#### **COURSE CANCELLATION POLICY**

The registration fee may be refunded if the LIR Office (681-6152) receives notification one week prior to start date of the first class. Refunds are processed after the session is completed. Should an emergency occur after the deadline that prevents the registrant from attending the course, the LIR Office should be notified as soon as possible. Refunds will be considered on a case-by-case basis by the curriculum chair and the office manager.

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#### **Payment Procedure**

#### Trips, Courses, Dues, and Events

To streamline the payment process for trips, courses, membership dues, and catered luncheon fees, the following payment procedure is recommended for efficient recording and processing.

• **TRIPS:** A separate check should be written for trips. Trips may be combined on one check, or a separate check for each trip may be submitted if that is your preference. Couples may combine payments on one check. Be sure to attach check(s) with trips noted to the Trip Registration Form found in this newsletter.

• COURSES and LUNCHEON FEE: A separate check can be written for one or all the courses that an individual wants to attend. The catered luncheon fee may be included as part of this check or issued as a separate check. Please note what course(s) are being paid and/or if the luncheon fee is included within this payment. The Membership Meeting and Course Registration Form is included in this newsletter.

• NEW MEMBER APPLICATION/DUES: A separate check should be written for the mid-year membership dues. A 2015 Mid-Year Membership Application form for new members is included in this newsletter.

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#### **December Holiday Social**

All members are welcome. Admission cost is your LIR nametag.

2:00 – 4:00 p.m. December 6, 2015

Location: To Be Announced

Please mark your calendars now for the LIR Holiday Social event. Reminder invitations requesting an RSVP will be mailed/E-mailed to members prior to the event.

Light refreshments and drinks will be provided.

# Miscellaneous and Clubs

# **NEW CLUBS FORMING!**

**Canasta**: Currently, seven LIR members are interested in forming a Canasta Club and are looking for more members. If you are interested in joining, contact Barbara Barnard: <u>573-896-9485</u> or <u>sunfairebarb@gmail.com</u> Location of the club will be Room 8, Soldiers Hall on L.U. campus; 2nd Tuesdays, 10 a.m. — Noon

**Musical Instruments**: Two LIR members have dusted off their musical instruments and get together to jam. They are looking for more musicians who just want to get together to jam and perhaps in the future perform for some retirement homes and/or LIR functions.

If you are interested in joining them, contact Mike Brewer at <u>573-636-8183</u> or <u>oldfarmer@gmx.us</u> (prefer e-mail) or contact Peter DeSimone <u>573-353-0940</u> or <u>pdesimone@embarqmail.com</u> (prefer e-mail). Meeting dates and times will be determined by the club members.

LIR members will also be able to sign up for these clubs at the July 15 Membership Meeting. We would like to know in advance, however, the kinds of numbers to expect.

#### **CLUBS ARE FREE!**

You are invited to join, at no extra cost, any of our LIR clubs by calling Marigene Brewer, LIR Club Coordinator at 573-636-8183 or the club facilitator. Information/interest in additional clubs; i.e., crafts, investments, music, travel, may be directed to Marigene.

You may also sign up for a club at the membership meeting.

# Clubs

**Bocce Ball**; Monday, Sept-Nov. and April-June Two Sessions: I: 9 a.m. II : 12:15 p.m. *Facilitator:* Linda Schwartz 573-635-5392 Location: Prison Brews

**Book Club:** 4<sup>th</sup> Monday 1-2 p.m. *Facilitator*: Arlene Stayton 660-433-2415 Location: LIR Classroom 8 *Callers:* Teresa Sullivan 573-635-6404 Arlene Stayton 660-433-2415

**Bridge Club I:** 2<sup>nd</sup> Monday 1 p.m. *Facilitator:* Keith Krueger - 573-462-0779/573-659-3834 Location: LIR Classroom 8

**Bridge Club II:** 1<sup>st</sup> Monday 1 p.m. *Facilitator:* Mary Ann Ruth 573-659-7875 Location: LIR Classroom 8

<u>Canasta:</u> 2nd Tuesday, 10 a.m.—Noon *Facilitator:* Barbara Barnard 573-896-9485 Location: LIR Classroom 8, Begins August 11, 2015

<u>Creative Writers:</u> 2<sup>nd</sup> Thursday 10 a.m. Facilitator: Denise Kliethermes 573-395-4662 Location: LIR Classroom 8 *Caller:* Dorothy Tighe 573-491-3927

**Dominoes** I: 1<sup>st</sup> and 3<sup>rd</sup> Monday 10 a.m.-noon II: 2<sup>nd</sup> and 4<sup>th</sup> Wednesday 1 p.m.-3 p.m. *Facilitator:* Sue Alberti 573-635-2436 Location: LIR Classroom 8

<u>Genealogy:</u> 3rd Tuesday, 1-3 p.m. *Facilitator:* Carolyn Bening 573-634-3154 Location: Schepper's Building, St. Mary's Blvd.

**<u>Pinochle:</u>** 2nd and 4th Wednesdays 10 a.m. *Facilitator:* Cathie Middleton 573-761-1425 Location: LIR Classroom 8

Scrabble: 3<sup>rd</sup> Monday 1 p.m. Facilitator: Marigene Brewer 573-636-8183 Location: LIR Classroom 8 Callers: Marilyn Miller 573-636-8233 Marilyn Plassmeyer 573-893-2309

Walking/Hiking: Thursdays 8:30 a.m. (summer); 9:30 a.m. (winter) *Facilitators:* John and Ellen Richardson 573-893-4909 Location: Varies



Learning in Retirement, Inc. P.O. Box 105166 Jefferson City, MO 65110 Address Correction Requested

## LEARNING IN RETIREMENT, INC. MEMBERSHIP BENEFITS

EDUCATIONShort courses planned for LIR members' interests		
TRAVELEducational trips with old and new friends		
CLUBSBook, Bridge, Writing, Hiking/Walking; others		
GATHERINGSBusiness/social meeting twice annually		
COMMUNICATIONSemi-annual newsletter, web site, periodic e-mails		
LIBRARY ACCESS		
PARKINGTag for L.U. campus needed		
CONTACT INFO(573)681-6152; lirlearning@outlook.com		
Web site - (http://www.lincolnu.edu/web/learning-in-retirement)		
Office hours: Hours – 10:00 a.m 1 p.m., Mon Thurs.		
OFFICE LOCATION		
MAILING ADDRESSLearning in Retirement, Inc., PO Box 105166, Jefferson City, MO 65110		

Mark your calendars now for the Winter Membership Meeting to be held on January 20, 2016, at the St. Martins Knights of Columbus Hall. (Snow date is January 27, 2016)