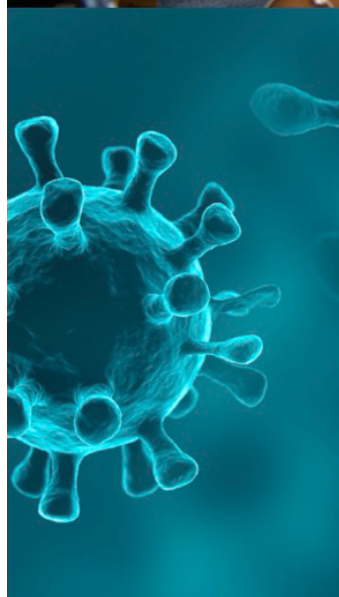


Spring
2022

Lincoln University — Missouri **COVID-19 Response and Protocol Plan**



LINCOLN
UNIVERSITY

COVID-19 Response and Protocol Plan

Dear Blue Tigers,

As we begin the spring semester, COVID-19 continues to necessitate adjustments to our daily lives. With knowledge of the losses that COVID-19 has dealt close to home, across the nation and around the world, we stand united in our focus to rise above the challenges of the pandemic. Together, we are dedicated to continuing our mission of education in a healthy environment for our students, faculty and staff.

We ask that you please be patient with one another and with campus departments as we work to support the safety, health and wellbeing of the entire campus. Thank you for respecting the decisions made about how to best mitigate COVID risk at Lincoln. We continually monitor and assess the latest data to make informed decisions, and we know that your positive attitude and support are essential to the success of each and every Lincoln student.

By working together, we will continue to rise and live up to the legacy of perseverance on which Lincoln was founded. Stay safe, and stay well.

With Blue Tiger Pride,

Leasa Weghorst
Director
Thompkins Health Center
COVID-19 Task Force Co-Chair

With Blue Tiger Pride,

Gary Hill
Vice President of Campus Culture
Lincoln University Police Department, Chief of Police
COVID-19 Task Force Co-Chair

2022 COVID-19 Task Force Committee Members

Dr. Jennifer Benne	Mr. André Grinston	Mr. Jeffrey Turner
Mr. Brian Bennett	Chief Gary Hill	Mr. Earnest Washington
Ms. Waheedah Bilal	Mrs. Sandy Koetting	Dr. Darius Watson
Dean Zakiya Brown	Dr. Ann McSwain	Ms. Leasa Weghorst
Dr. Eric Burgess	Dr. Jennifer McCord	Mr. Kevin Wilson
Dr. Majed El-Dweik	Dr. John Moseley	Dr. Rhonda Wood
	Dr. Rosalind Pride	

Important Contacts



Employees: Contact Human Resources at: HRS@lincolnu.edu



Students:
Thompkins Health Center
822 Lee Dr. Jefferson City, MO 65101

573-681-5970 or
573-681-5870

COVID-19 Response and Protocol Plan



PERSONAL SAFETY TAKES ALL OF US:

While the University has plans in place to promote the health and safety of our students, faculty and staff, it is important that each individual understand their role in preventing the spread of COVID-19. **Students, faculty, and staff, are encouraged to take responsibility for their individual well-being and practice the following tips:**

- **Vaccine:** Consider becoming vaccinated and boosted. While vaccines cannot prevent all transmission, it does reduce transmission and is very effective in minimizing the severity of COVID-19.
- **Mask Up:** Wear a mask when indoors and around others.
- **Clean Hands:** Wash your hands with soap for 20 seconds, frequently, and use hand sanitizer when unable to use soap and water.
- **Social Distancing:** When interacting with others, consider standing

back a few feet to promote social distancing.

- **Avoid gatherings:** Avoid high-risk settings where there are large groups of people close together.
- **Distance:** If you feel unwell, please stay home. Make sure to be tested if you are experiencing COVID-like symptoms (Headache, fever, cough, congestion, runny nose, sore throat, difficulty breathing, nausea/vomiting, diarrhea, and lack of taste/smell).
- **Keep Your Health to Yourself:** Cover your coughs and sneezes with your elbow or a tissue and dispose of the tissue in the trash.

Masks/Face Coverings: Masks/face coverings are **required in the classroom**. Cloth masks are not effective in preventing spread of the Omicron variant and surgical, N95, and KN95 masks are recommended for best protection. All masks should fit snugly around the face and cover the nose, mouth, and chin.

STUDENTS:



Do you have symptoms? Students are encouraged to contact student health services in the Thompkins Health Center or their local healthcare provider. Students are encouraged to stay in communication with their instructors and attend class virtually. Students who are symptomatic for COVID-19, should **call** (please **do not** walk-in or book an online appointment) Thompkins Health Center nurses at **573-681-5970** or **573-681-5870** to discuss setting up a time to be tested.

Please **do not** walk-in or book an online appointment to be tested for COVID-19. You may expose other students to the virus. Students who test positive (whether at the campus health center, a clinic off-campus, or at home test) should report their positive test to the health center nurses.

Students who are placed in quarantine (exposed to a positive case) or isolation (tested positive for COVID-19) should return home if at all possible. Students who cannot go home will be moved to separate housing that is specifically for positive or exposed students.

All positive or quarantined student cases should be reported to Thompkins Health Center.

Students must be cleared through the health center before returning to campus/classes. Quarantine/isolation times are determined based off the CDC guidelines (which change periodically) and standing orders given by our Medical Director. We will monitor the guidance and adjust accordingly.

You will be provided a note to show your professors when you are cleared to return.

COVID-19 Response and Protocol Plan

STUDENT ATHLETES

Masks/face coverings are recommended in classrooms, athletic training and medical spaces, as well as, poorly ventilated areas involved with intercollegiate athletics. The Athletics Administration may require masking at athletic facilities if recommended by University Policy, MIAA Policy, County recommendations or the Medical Director for Lincoln University Athletics.

Masks are encouraged for student-athletes and staff when in the athletic training and healthcare facilities within the Athletics Department. Due to space limitations to ensure social distancing, there are limits to the number of individuals that can safely be in these healthcare facilities.

Social distancing will be maintained when indicated or advised by medical or local healthcare agencies. Means to ensure social distancing may include: limited staff-to-student ratio in training facilities; scheduled appointments for non-emergency treatments and rehabilitation; and virtual team meetings.

Screening: Athletics Department Staff and student-athletes need to perform a daily symptoms self-screening before reporting to athletic facilities for athletic activities and to report any symptoms to the sports medicine staff or student-health center to determine what testing or interventions may be necessary in accordance with Departmental or University Policy.

Illness: Students (including student staff) who display symptoms consistent with COVID-19 should not attend practice or competition until cleared by medical personnel and/or guidance in the University Blue Tiger Response and Protocol Plan.

Blue Tiger Athletics draws upon the guidance of the NCAA (Appendix D) for maintaining the safety of our student-athletes, student staff and employees.

COVID-19 Response and Protocol Plan



EMPLOYEES

All employees who test positive and exposed cases should email: HRS@lincolnu.edu

8.24.2 Requesting/Reporting Annual Leave related to COVID-19

In the fall, the Board of Curators adopted this policy to comply with the Families First Coronavirus Response Act and to assist employees affected by the COVID-19 outbreak with job-protected leave and pay, where applicable. Our existing FMLA leave and sick leave policies still apply to all other qualifying reasons for leave outside of this policy.

Employees shall notify the Human Resources office when the employee is unable to work because the employee is quarantined pursuant to Federal, State, or local government order or advice of a health care provider, and/or experiencing COVID-19 symptoms and seeking a medical diagnosis. Employees shall discuss remote work options with their supervisor. If employees are unable to work due to illness, employees shall utilize their sick, personal, and then annual leave.

8.25.2 Requesting/Reporting Personal Leave related to COVID-19

In the fall, the Board of Curators adopted this policy to comply with the Families First Coronavirus Response Act and to assist employees affected by the COVID-19 outbreak with job-protected leave and pay, where applicable. Our existing FMLA leave and sick leave policies still apply to all other qualifying reasons for leave outside of this policy.

Employees shall notify the Human Resources office when the employee is unable to work because the employee is quarantined pursuant to Federal, State, or local government order or advice of a health care provider, and/or experiencing COVID-19 symptoms and seeking a medical diagnosis. Employees shall discuss remote work options with their supervisor. If employees are unable to work due to illness, employees shall utilize their sick, personal, and then annual leave.

8.26.2 Requesting/Reporting Sick Leave related to COVID-19

In the fall, the Board of Curators adopted this policy to comply with the Families First Coronavirus Response Act and to assist employees affected by the COVID-19 outbreak with job-protected leave and pay, where applicable. Our existing FMLA leave and sick leave policies still apply to all other qualifying reasons for leave outside of this policy.

Employees shall notify the Human Resources office when the employee is unable to work because the employee is quarantined pursuant to Federal, State, or local government order or advice of a health care provider, and/or experiencing COVID-19 symptoms and seeking a medical diagnosis. Employees shall discuss remote work options with their supervisor. If employees are unable to work due to illness, employees shall utilize their sick, personal, and then annual leave.

COVID-19 Response and Protocol Plan



Visit the CDC for more information:
www.cdc.gov/coronavirus/2019-ncov/

IF YOU TEST POSITIVE FOR COVID-19: ISOLATE

Everyone, regardless of vaccination status.

- Stay home for 6 days. (CDC recommends 5 days, Lincoln University COVID-19 Task Force recommends 6 days.)
- If you have no symptoms or your symptoms are resolved after 6 days, you can leave your residence.
- Continue to wear a mask around others for 5 additional days.

If you have a fever, continue to stay home until you are fever-free for 24 hours.

IF YOU WERE EXPOSED TO SOMEONE WITH COVID-19

If you:

Have been boosted OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR

Completed the primary series of J&J vaccine within the last two months.

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms, you should get a test and stay in your residence.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR

Completed the primary series of J&J over 2 months ago and are not boosted OR

Are unvaccinated

- Stay home for 6 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms, you should get a test and stay in your residence.

