THE LEARNING TIMES

PUBLICATION OF LEARNING IN RETIREMENT, INC.

January - June 2010 NEWSLETTER

Winter Membership Meeting
Friday, January 22, 2010

Snow Date: Friday, January 29, 2010

Registration at 1:00 p.m.

Meeting at 1:30 p.m.

Faith Lutheran Church
2027 Industrial Drive
Please park at and enter through the rear of the church.

Entertainment: LU Vocal Ensemble

Our Winter Membership Meeting will be held on Friday, January 22nd, at the Faith Lutheran Church. Registration begins at 1:00 p.m. with the meeting being called to order at 1:30 p.m. by our 2010 President, Barbara Swanson. We are delighted to announce that Lincoln University's Michelle Gambling-Green will once again bring a talented group of students to perform for our meeting.

President Swanson will conduct a short business meeting followed by brief descriptions of upcoming travel events, engaging learning opportunities and individual club interests.

There will be time to enjoy light refreshments with friends while you visit the displays of past and future trips, classes and clubs. ***You may register for trips, courses and clubs at the conclusion of the meeting.***

There is no cost for this meeting, but registration is preferred. Please indicate your reservation on the Membership Meeting/ Course Registration Form located in this newsletter. This is a good opportunity to bring a friend that might be interested in joining LIR!

President's Note
by Barbara Swanson

Eighteen successful years have passed since seniors in our community met and began our volunteer organization, Learning in Retirement, Inc. Due to our dedicated volunteers, 2009 was another successful year for our 267 members.

Looking back on the past year, Marilyn Graham, accepted the office manager position. Substitute office managers, Emily Scheulen and Emily Scruggs, rounded out the office team. The Board of Directors approved new purchases to facilitate LIR functions including technical equipment for courses and the newsletter, and a file cabinet to house archival materials. Over 500 enrollees attended courses and around 350 travelers took educational trips.

2010 brings the informative "Healthy Living in Retirement Conference" planned for members, but open to the community. A conference brochure will be sent directly to you; register early! Of course, educational courses, travel, and clubs will continue to enable active learning. Also current and new members will be able to register on a space available basis for trips, courses and clubs at the close of the January 22 Membership Meeting with payment by ***check***.

Check This Out

Thank you to each volunteer who is part of the planning and regular programming of LIR. You make our organization a success! Suggestions are welcome for new directions as we step into the future.

Barb

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LIR TO HOST LOCAL HEALTH CONFERENCE

Learning in Retirement will host a community health conference on Friday, April 23, 2010, titled, "Living Healthy in Retirement". The conference will be held at Capitol Plaza Hotel from 9:00 a.m. to 3:00 p.m. with registration and exhibits opening at 8:00 a.m. The conference is open to the public.

Based on the growing senior population and the need for educational opportunities, this conference will address timely topics through a general session and nine breakout sessions. Conference speakers will address physical health, mind and body connections, nutrition, legal issues, assistance during the aging process, end of life issues and more.

Jim Wieberg, Director of the Department of Psychology and Counseling, Capitol Region Medical Center, will be the keynote speaker, opening the general session. Kent Rader, author and comedian, will perform during lunch and discuss the importance of reducing stress in our lives.

Be sure to 'Save the Date' as we plan the conference with you in mind. Watch for a brochure with conference information and a pre-registration form which will be mailed in January. The conference registration fee will include the luncheon, refreshments and conference materials.

Kathy Pabst, LU liaison, and Rosemarie Turner, LIR member, serve as co-chairs of the planning committee. Other committee members include LIR members and representatives from Capitol Region Medical Center, JCMG and St. Mary's Health Center.

2010 LIR Board of Directors

Sue Alberti
Judy Alexiou
Carol Ellinger, Treas.
Michael "Peewee" Forck
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Paul Shank, Sec.
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Barbara Swanson, Pres.
Carol Van Vranken

Dues Reminder for Members

Your 2010 membership fee of $40.00 is now due. Please fill out a *Membership Renewal Form* found in this newsletter and either bring your check to the General Membership Meeting on January 22 or mail it to the LIR Office, PO Box 105166, Jefferson City MO 65110 ***Thank you!***

TRAVEL CORNER --- TRIP TIPS

*Gentle Reminder—Coach departure time is set with the day's activities carefully planned. A minimum arrival of ten minutes prior to departure is greatly appreciated! All coaches leave from the parking lot near the ATM at the original west-end Wal-Mart on Stadium Blvd. unless otherwise indicated.

*Overnight roommate registration: Please list roommate on the registration form, however the roommate is NOT a registered traveler until his/her registration form and check are received in the office. If you do not have a roommate and desire a double occupancy room, trip escorts will assist in identifying a roommate and/or suitable options.

*We offer the opportunity to place your name on the 'Wait List". You will be called closer to the time of the event and before final commitments are made when there are openings. No deposit is necessary to be placed on the list. Members from the wait list are frequently called to replace someone who cancelled.

*Need additional trip information? - Call the trip escorts or Rosemarie Turner, Travel Chair (635-3175); browse the General Membership meeting Travel Displays; check updates on the LIR website; and/or attend the Trip Preview meeting on January 13th!

*Should you need physical assistance on LIR trips, please arrange for a companion to assist you prior to the date of the trip. On occasion you may need special considerations (equipment/service) on a given trip; if so please call the escort listed or the Travel Chair. (635-3175)

*If you are interested in Travel Insurance for extended trips, information is available from Rosemarie Turner, 635-3175.

TRIPS FEBRUARY - JULY 2010

Before You Go

The Travel Committee will host a "PREVIEW" of scheduled trips on Wednesday, January 13, 2010. The event will be held at Soldiers Hall, Room 204, l:30 p.m. Everyone, members and non-members, are invited to attend. This will be an opportunity to learn more about each scheduled trip, review brochures and articles of interest about destinations, ask questions, chat with committee members, enjoy refreshments and visit with friends. Also this is a great opportunity to register for trips and receive assistance with the paperwork required for registration.

CHECK THIS OUT

To better accommodate our travelers, you may register for trips at the General Membership Meeting, January 22th. Committee members will be available for registrations and payments (one check) after the general membership meeting, during the social hour.

Cabin Fever Cure - Linn, Missouri

Tuesday, February 23, 2010

Our day begins at the Wal-Mart parking lot at 8:15 a.m., aboard a school bus that will take us for a 30 minute drive to Linn for our first stop, a tour of the Missouri State Technical College. Recent growth has changed the campus considerably, so be prepared for many surprises!

The Zewicki house, built in the 1880's, is the focus for the next hour for half of the group, while the other half will have lunch at B. J'.s. Then the two groups will switch. You will be contacted for your lunch preference.

Following this, we will drive eight miles east to Freedom Products. Terry and Scott, our factory tour experts, will explain their woodworking business.

Activity level - moderate

Departure time: 8:15 a.m., Wal-Mart parking lot
Return time (estimate): 4:00 p.m.

Total cost of trip: $21 payable with registration.

Trip Escorts: JoClare Meyer 636-5762
Vera Rust 893-2507

A Bit O' the Irish

Friday, March 12, 2010

Don a touch o' green, hop on your chartered coach and be Irish for the day! We've planned a day with Linda Koenig as our guide to learn about Irish immigration to the St. Louis area and experience Irish churches, pubs, shops and dancers. We'll tour the Shrine of St. Joseph, an 1843 Baroque church with one of the largest handmade tracker organs in the world; visit St. John's Church, a lovely downtown 1860's Irish church whose focal point is a beautiful rendering of Raphael's "Transfiguration"; and St. James Church in "Dogtown", which currently is the center of Irish St. Louis, and features beautiful tapestries and woodwork. Amid Irish décor at McMurphy's Grill we will enjoy lunch with a 'flavor of the Irish'. You may shop Ireland without having to cross the ocean when we stop for a visit at Kerry's Cottage. The day will end at Pat's Pub on Oakland Ave. where we will see a performance by authentic Irish dancers from the Clarkson School of Irish Dance.

Activity level: moderate

Departure time: 6:30 a.m., Wal-Mart parking lot
Return time (estimate): 8:15 p.m.

Total cost of trip is $78. Deposit of $35 due at registration with a $43 final payment due by February 25, 2010.

Trip Escorts: Don Calvert 636-3826
Rosemarie Turner 635-3175

"We're Off to See the Wizard"

Saturday, April 17, 2010

Come join us on Saturday, April 17, 2010, to see the award winning "Wizard of Oz" at the Juanita K. Hammons Hall for the Performing Arts on Missouri State University campus in Springfield. The performance is part of a spectacular new national tour and will be in Springfield for two days only. Before the performance, which starts at 2:00 p.m., we will enjoy lunch at Mille's Turn of the Century Cafe.

Departure time: 8:30 a.m., Wal-Mart parking lot
Return time (estimate): 7:30 p.m.

Total cost of trip is $95. Deposit of $48 due at registration with a $47 final payment due by March 29, 2010.

Trip Escorts: Mary Grillos 496-2955
Rosemarie Turner 635-3175

TRIPS FEBRUARY- JULY 2010

Springtime in Iowa

Tuesday - Thursday, May 4-6, 2010

Destination—East Central Iowa!!! We will visit two national historic landmarks, the Herbert Hoover Presidential Museum in West Branch and the Amana Colonies. Then traveling a bit south to Kalona, we will have the opportunity to learn more about the simple life of an Amish settlement.

After boarding the coach on Tuesday with departure at 7:30 a.m., our first rest stop will be in Palmyra and then lunch in Mount Pleasant, Iowa. The afternoon will find us touring the Herbert Hoover Museum and National Historic Site. In the galleries you will experience the many sides of Iowa's only president. Few Americans have known greater acclaim or more bitter criticism. The outdoor tour with guide includes Hoover's birthplace, his grave site and the Friends Meeting House. You will find this museum both educational and entertaining!

Our 'home away from home" will be the Country Inn and Suites in Coralville. After we check in we will have dinner at near-by 'Old Country Buffet' (included with registration fee).

After Wednesday's breakfast at the motel, we will travel to the Amana Colonies, America's longest lived communal society. Six villages were established here in 1855 with men and women assigned jobs by their village council. In 1932 a profit sharing corporation was formed. Today the colonies represent an American dream come true, a thriving community founded on religious faith and community spirit. We will view a short video at the Heritage Museum followed by a drive through the villages with narratives by our own step-on guide. There will be stops at an operating country store, the community church and the communal kitchen. Lunch will be at the Ronneburg Restaurant (included). Following lunch there will be time for browsing or shopping before a performance at the Old Creamery Theatre titled "Everyone Loves Opal". After the play, dinner will be on your own; several restaurants are within walking distance of the motel.

Thursday we will travel to Kalona, home of the largest Old Order Amish settlement west of the Mississippi. We will have an up-close look at an Amish community of German speaking descendants of Iowa settlers of more than 150 years ago. We'll visit the Kalona Historical Village, see a cheese making demonstration and a display of old and new quilts, ending with lunch at a conservative Amish home, a treat we will surely enjoy!

With new insights into a way of life different from our own, we will head home.

Activity level: moderate

Departure time: 7:30 a.m., Wal-Mart parking lot
Return time (estimate): 6:00 p.m.

Total tour cost: Double - $293.00
Single - $393.00

Registration with deposit of $125 is required. Final payment due by March 29, 2010.

Trip Escorts: Becky Washburn 635-3194
Mary Kay Lisenbardt 636-3727

CLUBS

Book Club: Meets on the 4th Monday at 1:00 p.m.
Facilitator: Carolyn Lott, 635-2967

Bridge Club: Meets the 2nd Monday, 1:00 p.m.
Facilitator: Marilyn Graham, 634-7918

Creative Writers' Society: Meets the 2nd Thurs.9:30 a.m.
Facilitators: Richard Sandler, 759-7475, and June Glaser, 635-4254

Hiking Club: Each Thursday at 10:00 a.m., location of hikes will vary. Contact Bill Wolkoff at 636-3088 or bnb@socket.net

Scrabble Club: Call Marigene Brewer at 636-8183 for more details.

As a current LIR member you are invited to join, at no extra cost, any of our LIR clubs by calling June Glaser, LIR Club Coordinator at 635-4254 or the club facilitator. Information / interest in additional clubs, i.e. crafts, investments, music, pinochle, travel may be directed to June. You may also sign up for a club at the membership meeting on January 22, 2010.

TRIPS FEBRUARY - JULY 2010

Historic Charm; Riverfront Beauty with Midwestern Charisma - Louisiana, MO

Tuesday, June 8, 2010

Come with us for a day of exploring the quaint town of Louisiana, called the "Land of Golden Hills" by early French explorers. The coach will leave promptly at 7:15 a.m. for our fun-filled day.

Our step-on guide will tell us about the beautiful old homes on tree-lined Georgia Street, plus a visit to two historic churches - Episcopal Calvary and First Presbyterian. Then it's off to see John Stoeckley's Reflections of Missouri Gallery and the ASL Pewter Studio and Gallery where we will see how pewter was made in the 1700's. Our day in Louisiana wouldn't be complete unless we visited Stark Nursery, where we will see a grafting demonstration. Then it's off to the "larger than life" Henry Lay Sculpture Park.

Eagle's Nest Bistro will be our lunch spot where we will also be entertained and educated with a wine seminar.

We will return to Jefferson City around 7:15 p.m.

Activity level: moderate

Departure time: 7:15 a.m., Wal-Mart parking lot
Return time (estimate): 7:15 p.m.

Total cost of trip is $48. Deposit of $22 due at registration with a $26 final payment due by May 1, 2010.

Trip Escorts: JoClare Meyer 636-5762
Dori Kuss 584-3833
Vera Rust 893-2507

Experience Belleville (Illinois): Where History Meets Heritage

Thursday, July 22, 2010

A day in Belleville, Illinois, promises to be a pleasure and an educational experience as we travel with friends to a relaxed community hosting the largest historic district in Southern Illinois. The venues begin with a visit to Eckert's Country Store and Farm and a wagon tour of the orchards where you may 'pick your own' peaches and, possibly, blackberries. This surely will work up an appetite for a family style lunch in their famous restaurant! There will be time to browse the Country Store, Wine Cellar, Deli and Garden Center and select items to bring home with you, should you desire.

After we satisfy our appetites and load our 'goodies' we will board the coach for a guided tour of Belleville including, a visit to the Cathedral of St. Peter that was modeled after the Cathedral of Exeter in England. A tour of the Labor and Industry Museum will take you back in time to an 1837 street home housing many archives and artifacts. Next, there will be time for you to leisurely browse the historic downtown district and shops before we are homeward bound. A full day of fun and educational opportunities and, we promise, you may 'nap' on the way home.

Activity level: moderate

Departure time: 6:30 a.m., Wal-Mart parking lot
Return time (estimate): 8:00 p.m.

Total cost of trip is $64. Deposit of $35 due at registration with a $29 final payment due July 1, 2010.

Trip Escorts: Rosemarie Turner 635-3175
Henry Dahl 635-2139

Thanks to all who travel with LIR - you are all very special people who enjoy laughter, great conversations, good food and traveling. We are happy to serve you as we plan details of each trip so you can sit back, relax and enjoy!

FAST FORWARD TO AUGUST/DECEMBER 2010

Travel plans for the remaining months of 2010 are in the making. August plans are to head west to Kansas City for a tour of Steamboat Arabia and Boulevard Brewery; September plans include a trip to Sedalia, Mo. to visit the Vintage Apparel Museum and the Bothwell Mansion.

October will be our extended trip to none other than CHICAGO, our last trip to the windy city was 2001; in November we will return to St. Louis for another of Linda Koenigs' wonderful, informative trips title "Nibbles and Nosh", a tour of various eateries and other points of interest. December of course, will bring something with a Holiday theme but as yet undetermined at press time!

COURSES FEBRUARY 2010

Travelogues

Mondays, February 1, 8, and 22; 1:30 - 3:30 p.m.

(Note: No session on February 15th.)

Location: Art Gallery, Missouri River Regional Library

Feb. 1 1:30 *Norway: "again named best country to live in"*

2:30 *Tuscany: Wine Country, Renaissance Art*

Presenter: Dr. Ken Lubbering (retired LU prof.)

Feb. 8 *New Zealand Islands: Top and Bottom*

Presenter: Bob Angerer (retired engineer)

Feb. 22 1:30 *Belize on Holidays*

Presenter: June Glaser (retired LU prof.)

2:30 *Cape May: "one of the top beautiful towns in the US"*

Presenter: Sharon Strickland (retired teacher)

Coordinators: Dr. James and Gloria Leslie 635-5254

Outlaws and Bad Men of Missouri

Tuesdays, February 2, 9, 16 and 23; 1:30 - 3:30 p.m.

Location: Clydesdale Rm., Budweiser Building

Note: Feb. 16th meeting will be held at Faith Lutheran Church

Presenter: Bill Berry is a well-known historian of the Civil War and early America and has been a presenter for us for several courses. He has served as the president of the Boone County Historical Society.

Course Description:
Come and enjoy a presentation on outlaws and bad men of Missouri, who endangered the lives and property of citizens living in the Midwest. Hear the stories of Jesse James, the Younger brothers, and Bloody Bill Anderson as they wreaked havoc upon the midwest. Hear the story of the Frank James trial.

These stories will be brought to life as we hear them told by our presenter, Mr. Bill Berry.

Coordinator: Dr. David Linsenbardt 636-3727

The Law and Our Court System

Wednesdays, February 3, 10, 17, and 24; 1:30 - 3:30 p.m.

Location: Rm. 8, Soldiers Hall, Lincoln University

Presenters: Prominent local attorneys and judges selected by Missouri Bar staff members Millie Aulbur and Jack Wax

The course will focus on the basic principles governing the court systems of Missouri and the United States and on current issues related to those systems.

Tentative topics are as follows:

Week 1 (Some basics): (a) Why is "the rule of law" important for us? What kinds of law do we have? (b) What roles do courts play? What powers do they have and what limits are placed upon their powers?

Week 2 (Trials 1): (a) How are trials initiated and carried out in Missouri's adversary system? (b) What roles do prosecuting attorneys and plaintiff attorneys play in our legal system?

Week 3 (Trials 2): (a) What roles do defense attorneys play in our legal system? How effectively are defendants guaranteed legal representation in Missouri? (b) What roles do judges and juries play in Missouri's courts? What powers do they have, and what limits are placed upon their powers?

Week 4 (Other Courts): (a) Why does Cole County have special courts for juveniles? How do the juvenile courts work? (b) What appellate courts do we have in Missouri? What is the function of the state's appellate courts? How may citizens play an informed role in the selection of Missouri's judges?

Coordinator: Warren Solomon, 893-4407

Clubs and Collections

Thursdays, February 4, 11, 18 and 25; 1:30 - 3:30 p.m.

Location: Rm. 8, Soldiers Hall, Lincoln University

Feb. 4 1:30 Theresa Neuner-Photography "Flower Show"

2:30 Verslues Apiary -"Honey and Honey Bees"

Feb. 11 1:30 Bill Wolkoff - "Scotland's Long Distant Hikes"

2:30 Stories from "Creative Writing Society"

Feb. 18 1:30 Dudley Galloway - "Coin Collecting"

2:30 Jim Chilcutt - "Chicago World's Fair - 1933"

Feb. 25 1:30 Bob Herman - "St. Louis World's Fair"

2:30 LIR members will share a variety of collections

Coordinator: June Glaser 635-4254

COURSES MARCH 2010

A Medley of Presidents, a continuation...

Mondays, March 1, 8, 15 and 22; 1:30 - 3:30 p.m.

Location: Rm 8, Soldiers Hall, Lincoln University
Presenters: Connie Reichart, retired teacher and Jim Nelson, retired librarian

A glimpse into the lives of some of our US Presidents will continue this session with the following:

John Adams, John Q. Adams, Chester Arthur, James Buchanan, James Garfield, Ulysses Grant, Rutherford Hays, Thomas Jefferson, Andrew Johnson, James Madison, and James Monroe.

Coordinator: Jim Nelson 635-2662

Scots-Irish

Tuesdays, March 2, 9, 16 and 23; 1:30 - 3:30 p.m.

Location: Rm. 8, Soldiers Hall, Lincoln University
Presenter: Marsha Richeson (retired economist)

The Scots-Irish, who were they? What was their influence on educational and political systems of the frontier and within our state?

Coordinator: Dr. David Scherr 635-1217

Course Information

- Courses are offered in the spring and in the fall with two sessions offered during each time period.
- Registration forms are provided in the LIR newsletter or on the LIR web site. There is a $12.00 fee for each course unless otherwise noted. Registration will also be accepted at the General Membership Meeting to be held on January 22, 2010. *(see front page)*
- Location of courses varies depending on topic and size of class. If a course is located on the Lincoln University Campus, a parking tag is required. Parking permits may be acquired through the LIR Office located in Soldiers Hall or call 681-6152 to request the form.

World War II: The European Front

Wednesdays, March 3, 10, 17 and 24; 1:30 - 3:30 p.m.

Location: Rm. 8, Soldiers Hall, Lincoln University
Presenter: Ed Hughes (newsman, AT&T executive and a former member of the 36th Infantry Division)

This course will look at the war in Europe through the eyes of a member of the 36th Infantry Division. Sessions include: how it all began; the Italian Campaign; D-Day and the drive to the Rhine and Germany's surrender; with the final session discussing the home front and the legacy of our heroes.

Coordinator: Marilyn Bacon 893-3193

Women's Roles in History Through Films

Thursdays, March 4, 11, 18 and 25; 1:30 - 3:30 p.m.

Location: Meeting Rm., Missouri River Regional Library, 214 Adams Street
Hosts: MRRL librarians Taryn Prewitt and George Dillard

Because March is Women's Studies Month, we will highlight the woman's role as depicted in historic films.

March 4: ***LION IN WINTER*** - features the role of Eleanor of Aquitaine

March 11: ***MISS POTTER*** - story of the Beatrix Potter: writer, illustrator and environmentalist

March 18: ***IRON-JAWED ANGELS*** - the women whose supreme dedication led to the passage of the women's right to vote

March 25: ***THE HIDING PLACE*** - story of Corrie ten Boom's safe haven for Jews and consequent incarceration in Nazi prison camp

Coordinator: Marilyn Graham 634-7918

Learning in Retirement, Inc.
P.O. Box 105166
Jefferson City, MO 65110

Address Correction Requested

LEARNING IN RETIREMENT, INC.
MEMBERSHIP BENEFITS

EDUCATION……..Short courses planned for LIR members' interests
TRAVEL……..Educational trips with old and new friends
CLUBS……...Book, Bridge, Writing, Hiking; others pending
GATHERINGS……...Business / social meeting twice annually
COMMUNICATION……..Semi-annual newsletter, web site
LIBRARY ACCESS……..Access to library cards for L. U.'s Page Library and Missouri State Library
PARKING……..Tag for L.U. campus provided

CONTACT INFO.....(573)681-6152; lir@lincolnu.edu
Web site - (www.lincolnu.edu/pages/799.asp)
Office hours: Hours – 10-12 noon, Mon. - Thurs.

OFFICE LOCATION.....903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus

Mark your calendars for the Summer Membership Meeting to be held on Wednesday, July 28, 2010. Time and place to be announced at a later date.