Spring 2008 May

The 411

Student Support Services

From the Director

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HAVE A WONDERFUL SUMMER!

The semester is coming to an end, and now you are taking finals. As this chapter closes, we can look back on a very rewarding semester at Student Support Services. Our students have much to be proud of. Some of our participants are graduating, some even with honors. Several of our participants have plans to study abroad or work internships this summer. Many of our participants are actively seeking scholarships in preparation for next semester. These achievements and goals are reflections of their commitment to excel and proof that Student Support Services is a vital resource in their lives. It can be vital in your life, too, but only if *you* take advantage of it.

We accomplished great things this semester. We conducted various workshops such as . "Organization: Not Just for Geeks Anymore," "Keeping Your Credit Scores Clean" and "Time Management."

After attending our workshop on "Why Grades Matter," one student was inspired to proclaim she was going to get right to her books to study!

We continued our efforts in the community, and we had a great time on our visit to Bagnall Dam. We are also thankful for our Lincoln personnel and the community professionals who facilitated several of our workshops.

Mrs. Ruby Stewart

I know that I continue to say that Student Support Services is here for you, but sometimes I don't think I'm getting my message across, so I am going to say it again:

STUDENT SUPPORT SERVICES IS HERE FOR YOU!

What does this mean, and why do I keep saying it? It means that Lincoln University strives to provide our students with an excellent education, and I keep saying it because it hurts me when I see our students not achieving their academic goals. It hurts because I care. We here at Student Support Services are committed to giving you the best of what we have, in order to see you perform at your peak!

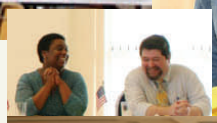
Always know that it is never too late. You still have time. If your grades are not what you would like for them to be at the end of this semester, start making plans for next semester now. Come up with a plan. Talk to your academic advisors and your instructors. Utilize all of the services that Lincoln University offers. Make better choices. Understand that the decisions that you make today will stay with you forever.

Congratulations to all Lincoln University graduates, and thank you to all of those graduates who participated in the Student Support Services program. SSS is so very proud of you, and we wish you the best. Please continue to stay in touch, as we would love to see how you are doing. And congratulations to all of you who earned good grades this semester. Continue to excel!

College is very challenging and can be extremely difficult for some. Just know that you are not alone, because Student Support Services is ***still*** here for you.

Enjoy a wonderful and safe summer.

SSS Awards Banquet



From the Keynote Speech by Mark Worthen

1. **Go to class** — Missing wastes time and money
2. **Do your homework** — This is where your learning comes from.
3. **Use your resources** — They're there to help you succeed.
4. **Raise your standards** — Just passing is not necessarily succeeding
5. **Become a learning junkie** — Those who have the knowledge have the tools to get everything.
6. **Set goals** – Post them, measure them, check your progress and achieve them!
7. **Set priorities** – Decide what's really important and stick to that.
8. **Reward yourself** — When you've achieved a goal (big or small) give yourself a reward that goes with it.
9. **De-stress** — If you don't, your body may do it for you — in the hospital.
10. **Serve** — Find ways to pay it forward. This is where experience and wisdom come from.

Words from the Staff

Remember, as Jesse Jackson said, "It takes two wings for a bird to fly." The question is, how well did you fly?

Have a great summer!

Mrs. Stewart
Director, SSS

Summer is a time of much growth; a time to experience new joys and wonders. So let the sun shine brightly in your life, and allow the rains to refresh. As autumn approaches, be prepared to work your hardest. Your harvest will indeed be great.

Jan Carter-Curtiss
Intake Specialist

Summer's good for two things: resting and recovering from the school year. Don't feel you must take classes in the summer: I did that all through college and when I was finished I was a stressed-out mess.

If you feel you have to take classes in the summer, don't overload yourself. Just take one or two classes, and slow down.

SSS will be here for you next year. Enjoy your off season!

Mark W. Worthen
Learning Specialist II

Hello, all. I want to wish all of you a very happy and safe summer vacation. Remember, we are still here at L.U. So when you get back for the fall semester, stop by our office and meet with your success coach so you can get ready for the new school year.

Enjoy yourselves!

Stan Onyekwere
Project Assistant

Stay encouraged. Stay on top. Keep God first!

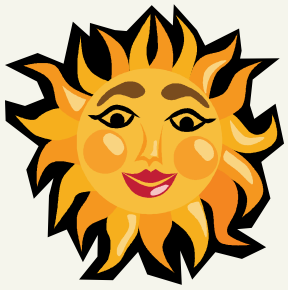
Joseph Ward III
Learning Specialist I

I would like to take a moment and say congratulations and farewell to all of our graduates.

Before you venture off into the big world, take a moment and read, *Oh, the Places You'll Go!* by Dr. Seuss, a book about life and its challenges.

And for those of you returning this summer or in the fall, *ta ta for now!*

Kennette Herndon
Administrative Assistant



Jalapeño Dip

2 - 4 whole fresh jalapeno peppers, seeded, minced (depends on how hot you like it)
1 (16 ounce) container sour cream
1 (1 ounce) package dry ranch salad dressing mix
1 tablespoon garlic powder
2 tablespoons chopped fresh cilantro
1/2 of a 4 oz can of green chilies (optional)
a squeeze of fresh lime juice
1 package cream cheese

Place all ingredients into a food processor, then blend until smooth. Cover and refrigerate overnight (two hours minimum) before serving. Dip with tortilla chips.

(note: use a food processor, not a blender. Blending will make it runny)

Reprinted from http://recipecircus.com/

Calendar
May

Thursday 1st
SSS END-OF-YEAR AWARDS BANQUET

Sunday 4th from 6:00 to 12:00 p.m.
BURNING THE MIDNIGHT OIL 6 - 12 PM

Monday 5th until 7:00 p.m.
BURNING THE MIDNIGHT OIL — SSS OPEN LATE

Tuesday 6th until 7:00 p.m.
BURNING THE MIDNIGHT OIL — SSS OPEN LATE

Saturday 10th at 10:00 a.m.
L.U. COMMENCEMENT

Mrs. Ruby Stewart	-	Director
Kennette Herndon	-	Administrative Assistant
Janice Carter-Curtiss	-	Intake Specialist
Mark Worthen	-	Learning Specialist II
Stan Onyekwere	-	Project Assistant
Joseph Ward III	-	Learning Specialist I

Remember

You came into our lives
Full of wonder and fear,
To look for direction
Toward a desired career.

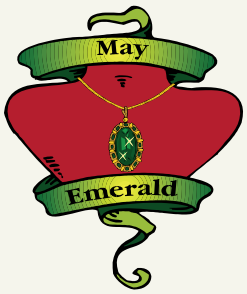
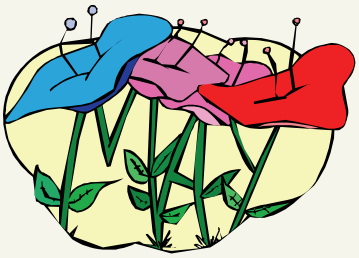
We gave you our support
Through times good and bad,
Encouraging you to give
What you didn't know you had.

And on the heels of each semester
We beckoned you to stay.
The road to our dreams gets rough sometimes
When success seems far away.

But here at Student Support Services
We see the potential in you all.
We pray for your success
And will be here *should* you fall.

So when hope seems to crumble
And discouragement threatens to harm,
Remember the chorus Lincoln, O Lincoln
To silence that false alarm.

Jan Carter-Curtiss

Brittany Jackson	2
Amber Walker	3
Jennifer Dinan	5
Kalisha Ayuso	6
Marcus Bailey	8
Etoria Goodwin	8
Chelcey Shields	8
Tyrone Adail	8
Aneshia Coleman	9
Demichia Smith	11
Jasmine Dinwiddie	13
Kytrell Terry	14
Benetta Lovings	19
Whitney Denslow	22
Lakeitha Mitchell	25
George Fuller	26
Adrian Dial	28
Frank Williamson	28
Mona'e Cribbs	29
Kelli Helming	29

BIRTHDAYS!