



FROM THE DIRECTOR'S DESK...

YES WE DID! No matter which political party you belong to, it has to feel good to be able to say that! Students, do you realize that history has just been made? For the first, time in the history of the United States, there is a person of color in the office of presidency.

This event has restored my faith in our country, and has opened my eyes to brighter days ahead. As you reflect on the November 4th elections, think about your

own future. Think about the strides that this country has made in just a few short years. Each and every day, obstacles are pushed aside and prayers are answered.

Over this holiday season, take a self-inventory, and set personal and professional goals for yourself.

Think about the areas where you need some improvement, then create an action plan detailing how you intend to change. Set a time frame and a goal for what you plan to achieve. It is important



as you continue through life, to always, always set goals for yourself. Don't stop once you have accomplished one task, quickly get started on the next; and don't forget to reflect and then set new goals. When the situation looks bleak at times, take a deep breath, evaluate the situation, set your goal, and shoot for the stars! Let this mantra carry you to the finish line — Yes I Can!

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It's Not Too Late

HAVING CLASS TROUBLE?

**WORK HARD
AUDIT**

or

DROP THE CLASS

Ask your teacher which is best for you.



to Save Your GPA!

My reaction to the election of President-Elect Barack Obama

Rebecca D. Stewart, M.A.

I can remember asking my father if there would ever be a person of color or a woman in the white house. He simply replied, "my darling daughter, maybe in your lifetime, but not in mine." This man has lived during the depression, persevered through poverty, served in the military for almost thirty years, and has carved out his own "American Dream" from his tiny space in this crazy world. I am ecstatic to think about the outcome of last night's general election for president.

You see, I think that my father, as well as many other Americans, had started to lose faith in the American people. He has seen too many times before where this government that is for the people, by the people, and of the people; let "the people" down. Last night, President-Elect Barack Obama shared a story of a Georgia woman who is 106 years old. From this short anecdote, I believe this Georgia woman experienced some

feelings similar to those of my father. These feelings were echoed early-on in this election process by soon-to-be First Lady, Michelle Obama when she expressed that she had never before been proud of her country. Of course she was berated for making such a statement, especially since her husband was running for the presidency of the United States. How dare she? Who is this black woman with the audacity to let the world know that she was not happy with her home-country?

But, guess what? Michelle Obama is not the only person to share this sentiment. No matter what race, creed, religion, or sex; there are people living right here in the USA that feel that have been receiving the short end of the stick for a very long time.

Now, one would be naive to think that President-Elect Obama is the answer to all of the nation's problems. In church on Sunday, the pastor reminded the congregation that if Barack Obama wins, bills will still need to be paid on time, students will still attend school, people will still have to work. Those who are laid off will still be looking for employment, and your marriage may still be failed. In short, the message is simple; we have to continue to live our lives and do our part, whether small or large, to keep this hope afloat and keep our country moving in the right direction.

Regardless of who is in the White House, here on Main Street; life must go on. Not to slight the history that has been forever burned in the hearts and minds of those alive today in the world, change has been the mantra; and the American people finally answered the call. In Dr. King's infamous "I Have a Dream Speech" he challenged American people, and people all over the world, to judge one another on the content of their character and not on the color of their skin. I am proud to say that on November 4, 2008, the people of this country were called to duty and truth prevailed!

This does not mean that we can now rest on our laurels and trust that our presidential choice can carry the country on his shoulders alone. Again, I say; we as Americans must do our parts to mend the broken economy, educate ourselves so that we do not repeat our mistakes. We must take matters into our own hands and accept our faults and stop pointing the blame. Collectively as a team we will be successful.

I have read that "team" stands for, Together We Achieve More. If this is true, then once the celebrations cease, it is time to get back on the grind. Thank you for allowing my father, the woman in Georgia, and Michelle Obama to see their country make them proud. God Bless President-Elect Barack Obama, and God Bless America!



Tutor Spotlight: Seleana Smith

Seleana comes to us from St. Thomas in the U.S. Virgin Islands. She is a 22-year-old graduating senior with a double major in psychology and criminal justice. She is an avid reader, and loves to help others. "I have always learned from my grandmother that if you help others, your blessings will always be given to you."

At Student Support Services, Seleana is the psychology tutor, and of it, she says, "I enjoy tutoring because the students that I tutor are also my friends and fellow peers, so it is exciting to make someone else understand and start to enjoy psychology." She further comments that she enjoys helping students who have difficulties, because she had difficulties as a freshman. Seleana came to SSS for help, and now she has become the tutor. She has made

the dean's list all four years of her stay at Lincoln, and she attended the Thurgood Marshall College Fund Scholarship in New York City.

"Personally, I love psychology, and tutoring at SSS makes me eager to help other students understand why it is so important."

At Lincoln, she has been a resident advisor at Dawson Hall for three years, has participated in the pre-law club, and is a member of Sigma Gamma Rho, Inc. After she graduates, she wants to attend law school.

"I must say that my four years have been rewarding, and for that I am extremely grateful. I hope everyone that attends Lincoln University takes advantage of the opportunities. I have had a great learning experience.

Congratulate Seleana as she

graduates in December! We wish her well.



A Note to Those Who Voted Differently

Mark W. Worthen

Now that our 44th president has been chosen by the voice of the people, it is a time for cooperation, for hope, for change. For those who voted for our new Commander-in-Chief, it is a time for rejoicing and celebration.

But I want to take a moment and direct a few remarks to those who voted against Obama.

A little story: my father was a soldier in the military for 32 years. He enlisted in 1942, and served his country in the Normandy inva-



sion. Three wars and three decades later, he retired, shortly before the end of the war in Vietnam. As a career military man, he had this to say regarding the presidency.

Select your candidate carefully. Do your homework and find out who it is you're voting for, and vote your conscience. Feel free to criticize and critique the men who are running.

But then he told me something very important that I have never forgotten, and tried to take to heart. And I'd like to pass this advice on to those who feel they "lost" the election.

Cast your vote. Whoever wins, once elected, that person is your president, the representative of your country, whether you agree with him or not. Once elected, your new president, by virtue of the office he holds, deserves your full support and cooperation. Partisanship should be set aside, at least for a time.

Does this mean you have to agree



with everything the president does? Of course not. Freedom of speech and thought is what makes America a great place to live. But freedom brings certain responsibilities. Choose your words carefully and thoughtfully. This is your duty as an American.

For the first time in American history, we have proved that we can rise above the differences of the past — let this be a sign as we move together into the future. It is important for us to show individual thought, but it is equally important for us to show unity at this great time. Let our individuality reflect our common sense.

Join with us at SSS as we move into the future together!

TUTOR SPOTLIGHT: Marcella Patlán

Marcella was born in Jefferson City, but when she was still at an early age, her family moved to San Miguel de Allende in Mexico where she was raised. In 1992, she returned with her parents and brother to Chamois, Missouri.

On December 14th, 2001, Marcella became a mom, and she is careful to make clear that she still is one "first and foremost!" Her son is named Patrick, and "is awesome and brilliant and the center of my life!"

After working a string of jobs which she enjoyed but found "unfulfilling and unchallenging, she enrolled in L.U. in the summer of 2005 and has not looked back.

"I love it," she says of L.U. "I am a biology major and chemistry minor and am currently a 1st year senior." It wasn't long before she got involved in

activities here as well. "I have been active in Beta Beta Beta Biological Honor Society. I have been treasurer, president and currently am VP." This past semester, she was nominated for the Women's Leadership Academy. "I have made several good friends at LU and I am happy for that."

Regarding her time as a tutor at Student Support Services, Marcella says, "I love working at SSS. I became a tutor because I feel that I have a fairly clear vision of biology, and I see people struggle with it every day.

"I came to SSS because I wanted to help people see biology in a new light and help them understand and lessen their struggle."

"But," she goes on, "tutoring is more than just helping students get a better grade through studying. It is also about helping students under-

stand the importance of balancing their schedule and develop study habits that will work for each one of them as individuals. These are tools that they can apply to any subject through their entire college career.

"So I guess tutoring gives me in some way a sense of being useful. Any time I can help someone feel better or help them understand something that seems foreign to them, is always a good thing!

"SSS offers so much more than tutoring...it allows students to have a place to go to when they need to study, it offers them opportunities to get involved with other students, learning tools, and participate in community service oriented activities."

Marcella received the SSS tutor of the year award in May of 2008.



SSS Assists at Jefferson City Samaritan Center

Since SSS has been working with the Samaritan Center recently, we thought it would be a good idea to interview Mr.

Carlos Robinette, the director of the Center for his thoughts.

SSS: Who benefits from your services?

CR: People of all races who are under the poverty guidelines with a dollar income of under \$10,000 a year.

SSS: Where do you get the food items from?

CR: Central Missouri Food Bank, general donations from the community churches, organizations, businesses and State agencies.

SSS: How many volunteers do you have on a regular basis?

CR: The Center runs two shifts, one from 9:00 am to 11:30 am and

one from 2:00 to 6:00. Some times a total of fifty volunteers work on a given day.

SSS: Who runs the Health center and the Dentistry?

CR: These offices are operated by volunteer doctors and dentists who feel the need to help others.

SSS students who also feel the need to help others can volunteer to attend the field trips to the Samaritan Center. The next one takes place in Thursday, November 20th.

Join us for a fun and satisfying afternoon!



Photo <http://www.midmosamaritan.org/index.htm>

Puppy Chow (It's for humans, honest!)

Ingredients

- 2-1/2 cups all-purpose flour
- 8 cups Crispix or any flavor Chex cereal
- 12 oz semisweet chocolate chips
- 3/4 cup peanut butter
- 4 tbsp butter or margarine
- 2 cups powdered sugar



Directions

1. measure cereal into bowl; set aside.
2. Melt chips, butter, peanut butter in a saucepan over the stove or in a microwaveable container in the microwave. Pour melted mixture over cereal and mix well. In large sealable bag, place mixture and powdered sugar. Shake to coat evenly.
3. Store in sealable container in refrigerator.



Student Support Services

YOU CAN DO THIS!

STUDENT SUPPORT SERVICES



BIRTHDAYS

Robinson, Dominique	1
Cooper, Caina	4
Fane, Shacara	6
Bolton, Corey	8
Clark, Mwalimu	8
Jones, Tanika	9
Childs, Aaron	12
Crawford, Tianca	15
Keys, Adrian	15
Hudson, Travis	16
Walker, Victoria	16
Hylton, Kiera	17
Osuegbu, Christian	18
Wagner, Kimberly	18
Williams, Verdane	18
Jackson, Swayze	23
Moore, Krystle	23
Anderson, Shayna	25
Stafford, Steven	25
Dandridge, Demetrius	26
Moore, Shonta	26
Jennings, Rahneisha	30



Williams, Tabvyance	3
Harris, Tiara	5
Bullard, Treasure	8
Grady, Kenneth	10
Workcuff, Danielle	10
Briggs, Tiffany	12
Todd, Kelli	17
Tulu, Eyrusalem	20
Brooks, Debra	30
Wibberg, Isaac	30
Young, Victoria	31

OUR TUTORS

Noah Armah	advanced mathematics
Mwalimu Clark	history, political science
Kristen Finley	biology, chemistry
Paulina Hernández	Spanish, mathematics
Dawn Jenkins	English, speech, writing/papers
Jonathan Knipp	philosophy, ethics
Marcella Patlán	biology, Earth science
Seleana Smith	psychology

We're on the Web!

<http://www.lincolnu.edu/pages/454.asp>

CALENDAR

- November 11 @ 11:00 a.m. - WORKSHOP: Open Forum
- November 13 @ 11:00 a.m. - WORKSHOP: Next Semester's Goals
- November 13 @ 4:00 p.m. - FIELD TRIP: Visit to Samaritan Center
- November 18 @ 11 a.m. - WORKSHOP: Preparing for Next Semester
- November 20 @ 11 a.m. - WORKSHOP: Semester in Review
- November 20 @ 4:00 p.m. - FIELD TRIP: Visit to Samaritan Center

