



The Learning Times

Publication of Learning in Retirement, Inc.

January - June 2013 NEWSLETTER

Winter Membership Meeting

Wednesday, January 16, 2013

Snow date Wednesday, January 23, 2013

Registration begins at 1:00 p.m.

Meeting at 1:30 p.m.

St. Martins Knights of Columbus Building

Highway 50W – Route T

The Winter Membership Meeting should be a “riot” since we are welcoming the J-City Riot Show Choir to be our entertainment for this meeting. The show choir is made up of students from the Jefferson City High School. The meeting will be held on Wednesday, January 16th, at the St. Martins Knights of Columbus Hall (Highway 50 west to St. Martins exit, then north on Route T).

Registration begins at 1:00 p.m. with the meeting being called to order at 1:30 p.m. by our 2013 President, Dr. David Linsenbardt. The afternoon will also include a short business meeting, information about the upcoming travel events, course offerings and club interests. Education, Travel, Clubs, and Curriculum displays and an opportunity to register will be available **after the meeting**. You may also pay your 2013 dues at the meeting. Light refreshments will also be available after the meeting.

There is no cost to attend the meeting, but registration is needed to plan seating and refreshments. Please indicate your reservation on the Membership Meeting/Course Registration Form that is inserted in this newsletter.

Door prizes for free courses will be given. Hope to see you Wednesday, January 16th! Bring a friend!

President's Remarks

By Dr. David Linsenbardt



Dear Fellow LIR Members:

I am proud to have been chosen to lead our organization for the next year. Our organization is doing well and has done so because of the leadership of our immediate past president, PeeWee Forck.

As we begin a new year, the organization welcomes two new board members, Marigene Brewer and Donna White.

Some minor reorganization has occurred. Carol Ellinger has agreed to chair the curriculum committee and will become an ex-officio member of the board. Rosemarie Turner will continue as chairperson of the travel committee and Kathel Cooper will continue as chair of the membership committee. Marigene Brewer, who has been an ex-officio board member, will continue as chairperson of the clubs and becomes a elected member of the board.

The curriculum committee has put together an exciting series of classes for February and March and is well on its way with the September and October classes for 2013.

The travel committee continues its excellent job and has scheduled numerous day trips and extended trips for 2013. Remember, trips fill up quickly, so register for them as early as possible.

All of us owe our thanks to Pee Wee Forck who has done a wonderful job as president over the past two years.

Let's continue with the good work, grow our membership, participate in our organization, and have a wonderful time in 2013.

With everyone's help and enthusiasm, this will not only be a good year, it will be a GREAT year.

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Dues Reminder

Your 2013 membership fee of \$40.00 is now due. Please fill out a Membership Renewal Form found in this newsletter and either bring your check to the General Membership Meeting on January 16th or mail to the LIR Office, PO Box 105166, Jefferson City, MO 65110.

Thank you!

Board of Directors for 2013

Elected Members

David Linsenbardt, President
Marilyn Bacon, Vice-President
Ellen Richardson, Secretary
Sue Alberti, Treasurer
Judy Alexiou
Marigene Brewer
PeeWee Forck
Charles (Chuck) Lahmeyer
Paul Shank
Celia Smith
Harry Spray
Theresa Sullivan
Donna White

Ex Officio Members

Marilyn Graham, Office Manager
Kathy Pabst, LU Liaison
Marigene Brewer, Clubs Chair
Carol Ellinger, Curriculum Chair
Kathel Cooper, Membership & Marketing Chair
Henry Dahl, Travel Vice-Chair
June Glaser, Historian
Paula Nordstrom, Newsletter & Website
Vera Rust, Membership & Marketing Vice-Chair
Rosemarie Turner, Travel Chair

Your Board of Directors welcomes your suggestions.

Past President's Farewell

Fellow LIR Members:



Happy New Year in 2013!!! It's hard to believe I sat here two years ago and wrote my first letter to you, my fellow members. Yes, we have survived; and even more than that, we have had a considerable amount of growth, not only in membership, but in activities. As I said in my letter two short years ago, this is your organization: "I may be your leader, but you need to tell me which way to go!" That you did, and you have made this a better organization to be a part of.

This will be my last newsletter since I will be replaced at the January meeting by Dr. David Linsenbardt. He is a fine person and will make a fine leader; but like me, he will need all of your help. So let us all get behind him and make this great organization even greater in the future.

Two board members terms are also ending with mine. Please join me in thanking Mary Grillos and Barbara Swanson for their service to LIR during their terms of office.

In closing, I want to "Thank!" all of you for the support over the last two years. It has been more enjoyable than I could ever have imagined. I have met so many wonderful and caring people and created so many new friendships. So thanks to you all, each and every one of you. I definitely will miss this job.

Hope you had a Blessed Christmas and will have a Prosperous New Year!

PeeWee

Travel Previews

Enjoy refreshments with LIR travel buddies and friends while trip escorts share itineraries and tidbits about the upcoming 2013 trips. Bring a friend along with your questions, comments and suggestions! And, if you like, register for trips at this time. Non members are welcome; however, to register for a trip you must be an LIR member.

Date: Thursday, January 10, 2013

Time: 1:30 p.m.

Location: Lincoln University South Campus

Lorenzo Greene Hall

900 Leslie Boulevard, Jefferson City, MO



TRIPS January — July 2013

Jefferson City Hidden From Sight

February 4, 2013

Join us at the Stadium Boulevard Wal-Mart Parking Lot for a short trip on a yellow school bus to the **Sheltered Workshop**. We will learn the many services available in this protected business environment. Workers, living in a group home across the street, will be proud to give us a personal tour of their home.

Many will be surprised at our next stop, the **Community Emergency Response Team**, to find the location and see all the equipment available in the event of a disaster.

Lunch will be at **Das Stein Haus** where Helmut will present each of us a delicious German Sampler plate.

Moving on, we'll take you to the new **Federal Court House** where docents will guide us and tell us about this beautiful new building which overlooks the Missouri River. No cameras, cell phones, knives or guns are allowed; you will also pass through a magnetometer and x-ray prior to the tour.

This promises to be a fun and informational day in our own back yard! We hope you join us.

Departure time: 8:00 a.m. Return: 3:45 p.m. (est.)

Cost: \$25.00 due with registration

Escorts: JoClare Meyer 636-5762
Vera Rust: 893-2507
Pat Barding: 635-4130

Fox Theatre: The Book of Mormon

March 3, 2013

Due to circumstances beyond our control, **Fox Theatre** required payment for this performance by October 18, 2012. Information was sent to all members and the response was overwhelmingALL tickets have been sold. If you would like to be on the 'Wait List', replacing a cancellation, please call Mary Grillos at 573-496-2955.

Registered travelers will receive an itinerary and final payment amount shortly after the holidays; final payment will be due February 1, 2013.

Crystal Bridges and More

April 17, 18, 19, 2013

Our coach departs Wednesday morning at 7:00 a.m. traveling south to Bentonville, Arkansas. We will have a brief stop along the way. On arrival in Bentonville, lunch will be at **Fred's Hickory Inn** where Sam Walton and friends did their planning on paper napkins.

Following lunch we visit **Crystal Bridges Art Museum**; this collection was amassed by Alice Walton to bring American Art to the heartland. A special exhibit by Norman Rockwell is included on our tour. The beautiful grounds are part of the total experience!

After a full day we'll check in at Comfort Suites for a two night stay. This evening we are treated to a managers' reception in the lobby or, if you prefer, you may find a restaurant nearby.

Next morning we're off to visit the **first home of Bill and Hillary Clinton** in Fayetteville followed by a guided tour of the **RFID Research Center**. This center is one of the world's pre-eminent retail developing sites using amazing technology. We lunch at **Mermaids** in Fayetteville.

Following our lunch break, we visit **Drake Field Air Museum** where there are many displays of the history of Arkansas aviation from the 1920's through WWII and to the jet age. The wood hanger housing the museum was the former headquarters for an aviation training post during WWII.

A visit to Bentonville would not be complete without stopping at the **Walton Visitors Center** and the adjoining 5 and 10, Sam Walton's first store. A step-on guide will tour us past several Bentonville enterprises.

On our last day in Arkansas, we'll visit **Pea Ridge National Military Park** where a Ranger will help us understand how this battle saved Missouri for the Union. Before leaving, we'll lunch and reminisce at **Simple Pleasures** with Ken Minor.

Tour cost includes transportation, hotel, two continental breakfasts, two lunches, entrance fees and tips.

(cont'd on page 4)



TRIPS January — July 2013 (cont'd)

Crystal Bridges and More (cont'd)

Departure: April 17, 7:00 a.m.
Return: April 19, 7:00 p.m. (est.)

Cost: Double accommodations, \$326.00
Single, \$434.00
Due with registration: \$140.00
Final payment due March 18, 2013
Double: \$186.00 Single: \$294.00

Escorts: JoClare Meyer 636-5762
Vera Rust 893-2507

A Day in Pulaski and Phelps Counties

Fort Leonard Wood – St. James

May 16, 2013

We start our day traveling to the **Pulaski County Tourism Bureau** in St. Robert's for a rest stop and to enjoy complimentary snacks while we browse through the Visitors Center. From there we travel to nearby **Fort Leonard Wood Military Base** which was constructed in the late 1940's. The post has become renowned for state-of-the-art training and support of national defense, and has served as the launching point for millions of military careers. It is home to the Engineer, Chemical and Military Police Corps Training Schools as well as personnel from all branches of the U.S. Military. While there we meet our military tour guide for the day, attend a graduation ceremony, lunch in the main dining hall and tour the Mahaffey Museum Complex.

Leaving the base around 3:00 p.m., we travel to St. James to the first ever **Vacuum Cleaner Museum** located on Historic Route 66. Yes, vacuums...everybody has one but do we know much about them? That's what we'll find out! After being "sucked in" to the vacuum tour, we cross the street and make a visit to **St. James Winery** for wine tasting and appetizers. Following a quick stop at the famous **Diana's Diner** to pick up a box meal, we begin our journey home as we relax and enjoy our meal from the 50's Diner.

Important: Photo I.D. required for entrance to Fort Leonard Wood—a drivers license will do.

Departure time: 8:00 a.m. Return: 7:30 p.m. (est.)

Cost: \$25.00 due with registration
Final payment: \$17.00 due April 15, 2013

Escorts: Pat Barding 635-4130
Rosemarie Turner 635-3175

Places of Worship in West County

Friday, June 14, 2013

Join LIR friends for a visit to five unique places of Worship in St. Louis County! A favorite trip in 2007, the 2013 version has two site changes to accommodate both past and present travelers.

- * Visit the beautiful and imposing **Hindu Temple** for information regarding Hindu beliefs, traditions and customs.
- * Next, enjoy a delicious Greek buffet lunch prepared by parishioners at the **Assumption Greek Orthodox Church** followed by a tour of Assumption's gorgeous sanctuary.
- * Visit the new **Fo Guang Shan Buddhist Temple** where we are informed of their teachings and traditions.
- * Tour **Daar ul Islam Mosque** to learn their worship practices and customs.
- * At our final stop, admire the unusual architecture and learn the history of the **St. Louis Prioory/Abbey**.

Our step-on guide, Linda Koenig, will be with us at all locations. If you were with us in '07 you can again enjoy all previous sites as well as the added destinations...if you missed it in '07, this trip truly is for you!

No strenuous walking required; however, some stairs are involved.

Depart: 7:30 a.m. Return: 7:30 p.m. (est.)

Deposit: \$35.00 with registration
Final Payment: \$38.00 due May 15, 2013

Escorts: Mary Kay Linsenbardt 573-636-3727
Betty Denker 573-493-2240



TRIPS July 2013 and Travel (cont'd)

Thomas Hart Benton Tour

July 18, 2013

Tour the **Thomas Hart Benton Home** as if he and his wife Rita may step into a room at any minute. The furniture, appliances, books, clothes and many other items remain as the Benton's left them. Behind the home, the carriage house became Benton's Studio; easels, paints, pictures, and other items of his trade lay virtually untouched since last used by the artist.

Rita Benton purchased the home in 1939 and it remained their Missouri residence during the next four decades. After Rita died ten weeks after her husband in 1975, the residence became the property of the state of Missouri. Both of the middle aged Benton children had established their lives away from the Kansas City area and had no desire to retain the site.

After touring the home and studio we will travel a short distance to **Winstead's** on the Plaza for lunch, on your own. This is basically a 1950's hamburger/ice cream shop. The décor remains from that period and the food is inexpensive. Hamburgers, fries and onion rings are prepared as they were before the franchising of our meals; your food will not come from under a heating lamp. Usually, one never "has room" to try their famous ice cream deserts.

We then travel a few blocks to the **Nelson-Atkins Museum of Art**, one of the best art museums in the U.S. with a number of important works. The gallery has the most extensive collection of Benton's works, including some of the most important (and controversial; what's a Benton work if not controversial?), canvases. Traveling with us as our tour guide will be Dan Herman.

Departure Time: 7:30 a.m. Return: 7:30 p.m. (est.)

Cost: \$42.00 due with registration

Escorts: Henry Dahl 635-2139
Rosemarie Turner 635-3175

Travel Information and Reminders

Departure Location for all trips is the Wal-Mart Parking Lot, Stadium Boulevard, near the ATM machine unless otherwise specified in the narrative description of the trip.

Departure Time is defined as the time the coach departs from the boarding location. Coaches arrive 30 minutes prior to departure, giving travelers ample time to board and get comfortably seated prior to departure.

Trip Cancellation Refunds are reliant upon the ability to fill the seat and/or recoverable costs from vendors.

Travel Insurance is not available through LIR. If you are interested in obtaining insurance, travel committee members are familiar with insurance providers who offer this service and will be happy to share information with you.

Early Registrations are recommended....trips usually reach their capacity limits quickly. Requesting to be placed on the **Wait List** when trips are filled usually has positive results.

Suggestions for future trips are always welcome....talk to a member of the committee or call the Travel Chair.

LIR Incentive Weather Cancellation Policy does not apply to scheduled trips. The contracting coach determines cancellations based on their knowledge of highway safety. If a trip is cancelled due to road conditions you will be personally notified.

Our Thanks to all who traveled with us....it's been great fun, great adventures and great memories!

Clubs



Bocce Ball Club: Meets Mondays - 2 Sessions:
9:00 a.m. and 12:30 p.m. at Prison Brews

Facilitator: Sue Alberti, 635-2436

Book Club: Meets the 4th Monday at 1:00 p.m.

Facilitator: Carolyn Lott, 635-2967

Bridge Clubs: #1 Meets the 2nd Monday, 1:00 p.m.

Facilitator: Marilyn Graham, 634-7918

#2 Meets the 1st Monday, 1:00 p.m.

Facilitator: Mary Ann Ruth, 659-7875

Creative Writers' Society: Meets the 2nd Thurs. at 9:30 a.m..

Facilitator: Richard Sandler, 759-7475

Pinochle: Meets 4th Wednesday at 10 a.m.

Facilitator: Mary Ann Ruth, 659-7875

Scrabble Club: Meets on the 3rd Monday at 1 p.m.

Facilitator: Marigene Brewer, 636-8183

Walking/Hiking Club: Thursdays at 10:00 a.m.,
locations of hikes vary.

Facilitators: John and Ellen Richardson, 893-4909

E-mail: johnnellen@mchsi.com

Note: All clubs meet at the LIR office unless otherwise indicated.

As a current LIR member you are invited to join, at no extra cost, any of our LIR clubs by calling Marigene Brewer, LIR Club Coordinator at 636-8183 or the club facilitator. Information/interest in additional clubs; i.e., crafts, investments, music, travel, may be directed to Marigene. **You may also sign up for a club at the January membership meeting.**



Courses February—March 2013

Children of Abraham: A Conversation Among Three Siblings – Judaism, Christi- anity, and Islam

Dates: Wednesdays, February 6, 13, 20, 27

Time: 10:00 a.m. - 12:00 p.m.

Location: South Lincoln Campus

In four, two-hour sessions, this course will examine the beliefs, history, and relationship among the three religious siblings who trace their beginnings back to father Abraham – Judaism, Christianity, and Islam. Through presentations, discussions, and questions-and-answers, we will come to appreciate the similarities and differences among these three monotheistic faiths.

Presenter: Cliff Cain

Facilitator: Andy Cleeton - 634-4326

Nutrition and Health Workshops

Dates: Thursdays, February 7, 14, 21, 28.

Time: 1:30 p.m. - 3:30 p.m.

Location: Room 8, Soldier's Hall, Lincoln University

These workshops will discuss the following:

1. Taking care of you: body, mind, and spirit
2. Keeping your food safe
3. Preventing and managing Type 2 diabetes
4. Heart healthy eating

Presenter: Ms. Lynda Zimmerman, Nutrition and Health Education Specialist.

Facilitator: June Glaser 635-4254

VIEWING THE NOCTURNAL HEAVENS:

INTRODUCTION TO ASTRONOMY

Dates: Tuesdays: February 12, 19, 26, and March 5

Time: 6:30 p.m. - 8:30 p.m.

Location: Southwest Campus Lincoln University, 900 Leslie Blvd.
(Limited to 30 people)

This period of winter provides the most favorable opportunity to view the wonders of the universe. The class sessions will begin with class instruction, and conclude with outdoor viewing through a powerful telescope. The class promises to be non-technical and accompanied with slides of many beautiful astronomical objects. Please dress in layers in order to be comfortable in both indoor and outdoor settings.

Session 1: Near Earth: Sun; Moon; Eclipses; Meteorites and Comets

Session 2: Solar System: Planets and Moons; Asteroids; Minor Planets—Eris, Sedna, Pluto, etc; Space Probes

Session 3: Stars: Lives of Stars; Supernovas; Dwarfs; Neutron Stars and Black Holes; Nebulae

Session 4: The Universe: Star Clusters and Small Galaxies; Spiral and Elliptical Galaxies; Dark Matter and Dark Energy; The Big Bang.

Presenter: Chuck Lahmeyer, a retired electrical engineer with extensive experience in unmanned space research. Since retiring, he has taught physics and astronomy at Westminster College.

Facilitator: Bob Irvin 634-4495

African American History 101: A Neophyte's Introduction to Africans in America

Dates: Tuesdays, March 12, 19, 26, April 2

Time: 1:30 p.m. - 3:30 p.m.

Location: Clydesdale Rm, N. H. Scheppers Distributing, except March 19: South Lincoln Campus

Slavery, freedom fighters, and Jim Crow are some of the topics open for discussion during Dr. Debra Greene's presentation of African American History. Check out the full range of issues she will discuss below.

1. Slaves Did What?!: A discussion of some aspects on slavery in the Americas
2. Freedom Fighters from Toussaint L'Ouverture to Martin L. King: African American efforts to control their liberty



Learning in Retirement, Inc.
P.O. Box 105166
Jefferson City, MO 65110
Address Correction Requested

LEARNING IN RETIREMENT, INC.
MEMBERSHIP BENEFITS

EDUCATION.....Short courses planned for LIR members' interests

TRAVEL.....Educational trips with old and new friends

CLUBS.....Book, Bridge, Writing, Hiking/Walking; others

GATHERINGS.....Business/social meeting twice annually

COMMUNICATION.....Semi-annual newsletter, web site

***LIBRARY ACCESS.....Access to library cards for L. U.'s Page Library and
Missouri State Library***

PARKING.....Tag for L.U. campus provided

CONTACT INFO.....(573)681-6152; lir@lincolnu.edu

Web site - (<http://www.lincolnu.edu/web/learning-in-retirement/learning-in-retirement>)

Office hours: Hours – 10-12 noon, Mon. - Thurs.

OFFICE LOCATION.....903 Lafayette Street, Soldiers Hall - Rm. 7, L.U. campus

***Mark your calendars for the Summer Membership Meeting to be held on
July 24, 2013 at the St. Martin's Knights of Columbus Hall.***