



# The 411



## STUDENT SUPPORT SERVICES FROM THE DIRECTOR

**SPECIAL POINTS OF INTEREST!**

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**H**appy New Year! I would first like to welcome our new students as well as our returning students. We are excited about spring semester 2008, our program activities, and your participation with us while you matriculate.

Our mission here at Student Support Services is to assist you in achieving your educational goal to graduate. We provide

many services toward your education. One of our most utilized services is the peer and professional tutoring program. We have a tutor on staff in most disciplines. SSS also provides each student participant a success coach to assist you with your educational progress and schedule planning. The SSS grant provides many fun activities such as visiting museums, theaters, and traveling to

various Missouri cities. We also provide weekly workshops to help adjust to campus life.

Our staff is looking forward to your visit to our area located in the Dawson Hall Annex, or call 681-5974 for more information. Hope to see you soon!

Mrs. Ruby Stewart  
SSS Director

**GREAT WORK!**



### HAVE A LOOK AT OUR STARS!

These are the SSS students who have achieved a 2.5 or better during fall semester!

Bullard, Trey  
Jenkins, Dawn  
Johnson, Alex

Nix, Donald  
Pruitt, Danielle  
Reynolds, Claessa  
Rynolds, Brittney  
Broadway, Darcy  
Broadway, Shannon  
Adkins, Beth  
Washington, Mercedes  
Metcalf, Amy  
Greer, Qubienique  
Jennings, Rahneisha  
Franklin, Rikketta  
Campbell, Nato'sha  
Ihenacho, Austin  
Williams, Ajia  
Wilson, Adrienne  
Clark, Mwalimu  
Woods, Kirby  
Lovings, Benetta  
Robinson, Corey  
Sims, Tenika  
Mitchell, Verneda  
Brannan, Gayle  
Bryant, Tameka

Burton, Soshia  
Stone, Stacih  
Whaley, LaStasia  
Longstreet, Kristina  
Kinsey, Keren  
Bryant, Tiffany  
Calhoun, Corrinde  
Harrington, Keyandra  
Hinton, Kellicia  
Jackson, Jessica  
Johnson, Erika  
Morant, Demetris  
Nelson, Cortez  
Stringer, Terrell  
Taylor, Tana  
Terry, Kytrell  
Davis, Stephon  
Harper, Ashley  
Wren, Serafina  
Goodwin, Etoria  
Moore, Shonta  
Norman, Donald  
Rhodes, Deandre  
Thompson, Martina  
Peel, JoAnn  
Hylton, Kiera  
Strong, Devin

Clay, Brieanne  
Bolton, Corey  
Brooks, Debra  
Love, Tony  
Richards, Tianna  
Smith, Seleana  
Workcuff, Danielle  
Ivy, Leslie  
Gray, Diane  
Dial, Adrian  
Ekeanyanwu, Annette  
Hall, Tameka  
Kennedy, Derrick  
Robertson, Renaud  
Warren, Keva  
Young, Victoria



**SSS KICKS OFF NEW YEAR WITH COMMUNITY SERVICE PROJECT**

In order for SSS to give back to the community for their support of the program, SSS has renewed its commitment to doing volunteer work with a local nursing home.

SSS participants have, in the past, visited Helsing Bluffs Nursing home on a semi-monthly basis to play games and chat with the residents as well as help out with activities planned by the staff of the nursing home.

This has been an ongoing project for SSS as a way of expressing its appreciation to the community.

Both residents and students have expressed their enthusiasm for these visits. Several students have mentioned the wonderful feeling they get from spending time with the residents, and the staff reports that several people have asked when the students will return.

SSS is enthusiastic about continuing the project and hopes it can continue the visits for a long time to come.



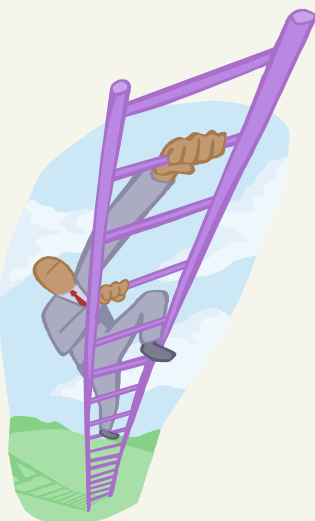
**HEISINGER BLUFFS NURSING HOME**

**DID YOU KNOW...**

**Two SSS students won SLAC awards in Fall 2007?**



**SSS PARTNERS WITH COUNSELING AND CAREER SERVICES**



Student Support Services has teamed up with Counseling and Career Services to offer a series of events this February to prepare L.U. students for the job market.

The series begins on February 21<sup>st</sup> with a workshop on dressing for the job you really want. Part of performing in the workplace is dressing the part and looking like the person you want to be.

Second, a week later on

the 29<sup>th</sup>, is a second workshop designed to help the students write the résumé that will get them the job they're dressing for.

Following these two workshops in the first week of March will be a lecture (4<sup>th</sup>) regarding being prepared for the job interview, and following it (6<sup>th</sup>) with a set of mock interviews where the students can practice the skills they learned.

The project culminates on March 19<sup>th</sup> in the Career

Fair sponsored by Counseling and career Services.

We hope this series will be helpful to our seniors in finding a job in their areas of expertise and to our other students in learning the skills they'll need after graduation.



## WHAT YOU SAY AND WHAT YOUR INSTRUCTOR HEARS

### Mark Worthen

Welcome back! It's the start of a whole new year, and I know some of you have made resolutions and goals to change or improve something.

Some of you, like me, want to lose weight. Some want to improve their golf or tennis (or Guitar Hero) game. Still others want to learn a language or do better at a skill.

May I suggest one more?

Decide now, today, that you're going to take the responsibility for going to class every day and never missing.

It's tough to talk about this — I know when I was in college, with anyone who talked about this, I would just zone out and stop listening. But here's what I know now.

I so wish I had listened.

So let's talk.

First, when you don't go to

class, you send the teacher a message, one that he or she hears loudly and clearly: You don't care.

That may not be the message you intend to send, but that's what the teacher hears. This

The second problem is that explanations are never as good in an office as they are in a classroom. In class, you get to go through them step-by-step and understand where your professor is going with his or her explanation

The problem with this is that you don't send that message. Additionally, you don't hurt that professor by not showing up. You hurt yourself.

If you don't show up for a class you've already paid for, it's like buying an iPod and throwing into the gutter. It's like buying a new car and running it into a telephone pole. You get an F, or you drop the class.

But you still have to pay for it.

It is in each and every one of you to succeed. You have the heart, you have the drive and you have the spirit. But you also have to have the action. If you take a class, you need to be ready to go to it.

Just remember one thing:

**YOU CAN DO THIS.**

True.

### The Top Five Excuses for Missing Class

5. It's too early and I can't get myself out of bed at that hour
4. I don't like the material.
3. I don't care for the teacher.
2. It's boring.
1. I promise I'll do better.

Do they sound like hollow excuses to you? They probably will to your teacher, too.

is something that you must keep in mind when asking for that extra day to finish a paper or an explanation of a concept you don't understand. The first thing to cross your instructor's mind will be that you weren't there in class when it was explained.

every step of the way.

The third problem is that you may want to send some kind of message by missing the class, perhaps that you don't like his or her teaching style or perhaps that you think that person is too disorganized to be teaching.

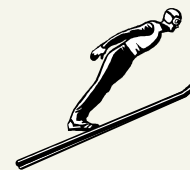
### Chicken Chili

by: Janne Rowe

### JANUARY RECIPE

- 3 cups chopped onion
- 1 1/2 cups chopped green pepper
- 4 garlic cloves, minced
- 2 tablespoons cooking oil
- 1 1/2 pounds boneless, skinless chicken breast halves, cut into 1/2-inch cubes
- 2 tablespoons chili powder
- 1 tablespoon ground cumin
- 2 teaspoons ground coriander

In a 5-qt. Dutch oven, cook onion, green pepper and garlic in oil over medium-high heat for 10 minutes or until onion is tender. Add chicken; cook and stir constantly for 4 minutes or until browned. Add the next 10 ingredients; bring to a boil. Reduce heat; cover and simmer, stirring occasionally, for 40 minutes. Add beans; cook, uncovered, for 20 minutes, stirring occasionally. Remove bay leaf.



**SPRING SEMESTER TUTORING SCHEDULES**

**James Scoggins** - history

Monday 12:00 noon to 4:00 p.m.  
 Wednesday 12:00 noon to 4:00 p.m.

**Dawn Jenkins** - English, speech and papers

daily 3:00 p.m. to 5:00 p.m.

**Randi Kincaide** - advanced mathematics

Mondays - 2:00 p.m. to 5:00 p.m.  
 Tuesdays - 10:00 a.m. to 11:00 a.m.  
 and 1:00 p.m. to 2:00 p.m.  
 Thursdays - 1:00 p.m. to 5:00 p.m.

**Jonathan Knipp** - philosophy

Tuesdays 11:00 a.m. to 12:00 noon  
 Thursdays 12:00 noon to 2 p.m.

**Marcella Patlan** - biology/Earth Science

Mondays 3:00 p.m. to 4:00 p.m.  
 Wednesdays 2:00 p.m. to 4:00 p.m.  
 Thursdays 1:00 p.m. to 4:00 p.m.  
 Fridays 2:00 p.m. to 4:00 p.m.

**Seleana Smith** - psychology

Tuesdays 11:00 a.m. to 1:00 p.m.  
 and 4:00 p.m. to 5:00 p.m.  
 Thursdays 11:00 a.m. to 12:00 noon  
 and 4:00 p.m. to 5:00 p.m.  
 Friday 3:00 p.m. to 5:00 p.m.

**Terrell Stringer** - basic math

Monday 1:00 p.m. to 3:00  
 and 3:00 p.m. to 4:00 p.m.  
 Tuesday 12 noon to 2:00 p.m.  
 Wednesday 1:00 p.m. to 2:00 p.m.  
 Thursday 12 noon to 2:00 p.m.  
 Friday 1:00 p.m. to 2:00 p.m.

These hours are subject to slight change or revision without notice.

**JANUARY**

January 14<sup>th</sup>

**CLASSES BEGIN**

January 17<sup>th</sup> @ 11 a.m.

**Workshop:** "Get Organized!"

January 22<sup>nd</sup> @ 11 a.m.

**Workshop:** "Get Organized!"

January 22<sup>nd</sup>

SSS will be open until 7 p.m. for extra study

January 24<sup>th</sup>

**No Workshop:** Please attend the Founders' Day Convocation for workshop credit

January 24<sup>th</sup> @ 3 p.m.

**Field Trip:** Heisinger Bluffs Nursing Home

January 29<sup>th</sup> @ 11 a.m.

**Workshop:** "Manage Your Time or It Will Manage You!"

January 29<sup>th</sup>

SSS will be open until 7 p.m. for extra study

January 30<sup>th</sup>

**Field Trip:** Elizabeth Rozier Art Gallery "s"

January 31<sup>st</sup>

**Workshop:** "Manage Your Time or It Will Manage You!"

Mrs. Ruby Stewart	-	Director
Kennette Herndon	-	Administrative Assistant
Janice Carter-Curtiss	-	Intake Specialist
Mark Worthen	-	Learning Specialist
Stan Onyekwere	-	Project Assistant
Joseph Ward III	-	Learning Specialist I

Victoria Fields .....	1
Leslie Ivy.....	2
Monique Hughley.....	3
Suporche'a Givens .....	5
Tiffany Motton.....	5
DaLisa Henry.....	10
Benita Peel.....	13
Chiquita O'Neal.....	15
Dana Dixon .....	16
April Swapshire.....	16
Megan Temple.....	16
Serafina Wren.....	16
Rikketta Franklin .....	17
Brenda Wilson .....	17
Stephon Davis.....	18
Virginia Myers .....	19
Ashley Freeman .....	20
Bendarius King.....	20
Beth Adkins.....	22
LaTavia Nicholson .....	23
Keyon Terrill .....	23
SiMyra Tyson.....	25
Tasheera Rhymes.....	26
Joy Mason .....	28
Tia'shay Halk.....	29
Lisa Wright .....	29
Nato'sha Campbell.....	31
Layla Manley.....	31
Michael Richardson.....	31
Taneaia Stewart.....	31
Lionel Willis .....	31



**BIRTHDAYS!**

